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Tuesday



Protesters cheer Iceland's government's demise.

Iceland Meltdown: Crisis brings down government | **7**

Ad Uproar: British networks hit for not airing Gaza plea | **8**



Down, Under: Murray bounced from Australian Open | **15**

ENTERTAINMENT

Rock Solid:

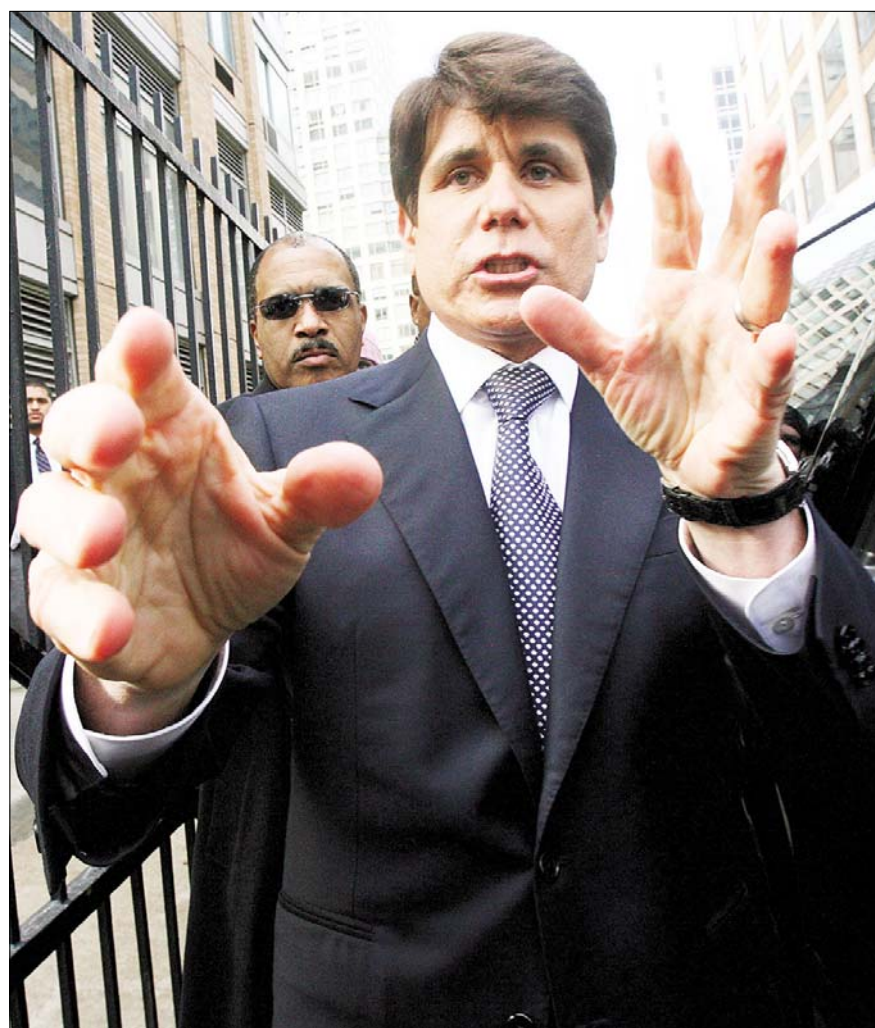
Jane Krakowski dabbles in self-deprecating humor on '30 Rock.' Plus, Franz Ferdinand keeps us waiting no longer.

>> **16-21**



OBAMA'S NEW RULES

HIGHER STANDARD: AMBITIOUS PLAN TARGETS AUTO EMISSIONS | **4**



MARY ALTAFFER/AP

Blagojevich Makes Case in Blitz

ON OFFENSE: Illinois Gov. Rod Blagojevich reaches to sign an autograph in New York on Monday after appearing on the "The View." As his impeachment trial began in Illinois, Blagojevich launched a major media blitz, denying charges that he tried to sell President Obama's vacated Senate seat in November. ♦ **'The fix is in':** Blagojevich dismisses his impeachment trial | **Page 6**

Massive Layoffs Planned

Major companies announce more than 40,000 job cuts

WASHINGTON | The recession is killing jobs at an alarming pace, with tens of thousands of new layoffs announced Monday by some of the biggest names in American business — Pfizer, Caterpillar and Home Depot.

More pink slips, pay freezes and other hits are expected to slam workers in the months ahead as companies desperately look for ways to survive.

"We're just seeing the tip of the iceberg — the big firms," said Rebecca Braeu, an economist at John Hancock Financial Services.

Looking ahead, economists predicted a net loss of at least 2 million jobs — possibly more — this year even if President Obama's \$825 billion package of increased government spending and tax cuts is enacted. Last year, the economy lost a net 2.6 million jobs, the most since 1945, though the labor force has grown significantly since then.

The mounting toll was visible Monday as roughly 40,000 more U.S. workers got the grim news.

The unemployment rate, now at a 16-year high of 7.2 percent, could hit 10 percent or higher later this year or early next year, under some analysts' projections. (AP)



ARE YOU AFRAID OF LOSING YOUR JOB AS COMPANIES STRUGGLE TO COPE WITH THE RECESSION? **A** YES **B** NO

TO CAST YOUR VOTE, VISIT **EXPRESSNIGHTOUT.COM** OR TEXT **A** FOR 'YES' OR **B** FOR 'NO' TO 98999. FOR MONDAY'S POLL RESULTS, SEE PAGE 32



TUESDAY
34 | 29



WEDNESDAY
40 | 26



THURSDAY
39 | 27

TODAY: Cloudy, cold and a little snow; sleet expected in the evening | **34**

eyeOpeners

LOSS

Man Files Report for Missing Tire Nearby

Three state highway workers cleaning up litter in Mt. Comfort, Ind., picked up an abandoned tire—and found about \$100,000 inside. State police suspect the cash, in denominations of \$5 to \$100 — may be drug money. State police spokesman Mike Burns says a drug-sniffing dog found the scent of drugs on the bills. Police said the workers found the tire Friday in a ditch along Interstate 70 just east of Indianapolis. Police say the tire appeared to be from a large truck. Detective Sgt. Keith O'Donnell commended the workers for their "honesty and professionalism" in contacting police. (AP)



DECORATIONS

Man Just Wanted a New Hood Ornament

A San Rafael, Calif., man is facing assault charges after deputies said he hit a state transportation worker and continued driving several miles while the man clung to the hood of the car. Marin County prosecutors charged 73-year-old Peter Buchanan with assault with a deadly weapon, reckless driving, and hit-and-run driving Wednesday. Authorities say Buchanan, an attorney, was returning to his office on Dec. 27 when he hit David Ramsey. To avoid being run over, authorities say, Ramsey jumped on the hood of the Mercedes. But Buchanan continued driving up to 40 mph. (AP)



RAJESH KUMAR SINGH/AP

TECHNOLOGY

Fortune Cookie 6.0

This woman isn't listening to her favorite jams — she's getting the skinny on her future. As part of the celebration of Mauni Amavasya, or new moon day (the most auspicious date for bathing during the monthlong Hindu religious fair of Magh Mela in Allahabad, India), people enjoy listening to readings by robotic fortune-tellers through earphones. (EXPRESS)

PRANK

Teen Exposes Idiocy

A 14-year-old boy accused of impersonating a police officer and going on patrol has pleaded not guilty. The

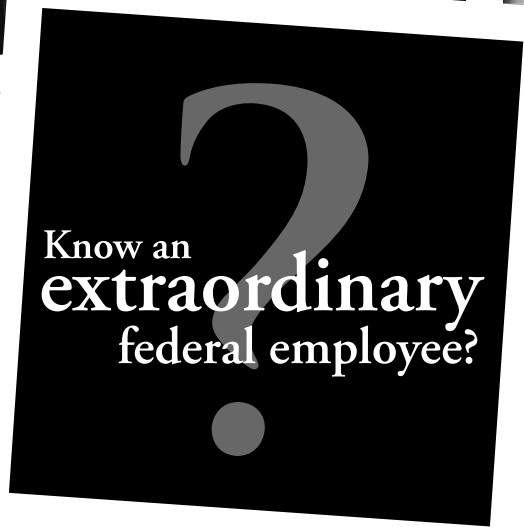
teenager appeared in a juvenile courtroom on Monday with his hands cuffed behind his back. A judge ordered that he be held at the juvenile center because he could pose a danger to himself. On Saturday, the teen, wear-

ing an officer's uniform, walked into a police station and was assigned to go on patrol. He partnered with another officer for about five hours before the ruse was discovered. Police say the boy didn't drive the squad car. (AP)



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"It is as good as an example of cheap dirty politics as you could ever find. And I thought it was reprehensible." —**NYC Mayor Michael Bloomberg**, on rumors about Caroline Kennedy that were leaked to the press last week shortly before she dropped her Senate bid



Nation

In Brief



SCOTT UTTERBACK/AP

David Jason Stinson talks to a crowd of supporters Saturday in Louisville, Ky.

LOUISVILLE, KY.

High School Coach Pleads Not Guilty in Player's Death

A Kentucky high school football coach on Monday pleaded not guilty to reckless homicide in the heat-related death of a 15-year-old player who collapsed while running sprints at a sweltering August practice. David Jason Stinson was released without having to post bond after his arraignment. A grand jury last week indicted Stinson, who was in his first year as coach, in the death of Pleasure Ridge High School player Max Gilpin. (AP)

BAY CITY, MICH.

Elderly Man With Unpaid Heat Bill Freezes to Death

A 93-year-old man froze to death inside his home just days after the power company restricted his use of electricity because of unpaid bills, officials said. Neighbors who discovered Marvin Schur's body on Jan. 17 said the indoor temperature was below 32 degrees at the time. (AP)

Study: Climate Change Here to Stay

Scientists say effects of CO2 emissions may linger for 1,000 years

WASHINGTON | Many damaging effects of climate change are already basically irreversible, researchers declared Monday, warning that even if carbon emissions can somehow be halted temperatures, around the globe will remain high until at least the year 3000.

"People have imagined that, if we stopped emitting carbon dioxide, the climate would go back to

normal in 100 years, 200 years; that's not true," climate researcher Susan Solomon said.

Solomon — of the National Oceanic and Atmospheric Administration's Earth System Research Laboratory in Boulder, Colo. — is the lead author of an international team's paper reporting irreversible damage from climate change, being published in Tuesday's edition of Proceedings of the National Academy of Sciences.

She defines "irreversible" as change that would remain for 1,000 years even if humans stopped

Climate change is slow, but it is unstoppable."

SUSAN SOLOMON, SCIENTIST

adding carbon to the atmosphere immediately.

The findings were announced as President Obama ordered reviews that could lead to greater fuel efficiency and cleaner air, saying the Earth's future depends on cutting

air pollution.

Solomon said: "Climate change is slow, but it is unstoppable" — all the more reason to act quickly, so the long-term situation doesn't get even worse.

Alan Robock of the Center for Environmental Prediction at Rutgers University agreed with the report's assessment.

"It's not like air pollution, where if we turn off a smokestack, in a few days the air is clear," Robock said. "It means we have to try even harder to reduce emissions."

RANDOLPH E. SCHMID (AP)

COATESVILLE, PA. | ARSON VICTIMS ASSESS DAMAGE



MATT ROURKE/AP

STATE OF EMERGENCY: Sid Shelton inspects the state of the house he lives in with his daughter, one of 15 in a row that a fire damaged or destroyed on Saturday. At least 30 arson cases have been reported in this Philadelphia suburb since the beginning of the year. About half of them have been reported in the last three weeks, prompting city officials to declare a state of emergency. The recent fires come despite the arrests of several arson suspects in December.

Fannie Mae Says \$16B Aid Request Could be Coming

WASHINGTON | Mortgage finance company Fannie Mae said Monday that it likely needs up to \$16 billion from the government as conditions in the U.S. housing market continue to deteriorate.

Fannie Mae's disclosure that it expects an injection of \$11 billion to \$16 billion in taxpayer aid comes after sibling company Freddie Mac disclosed last week that it's likely to require as much as \$35 billion in federal support on top of the \$13.8 billion it received last year.

Fannie and Freddie were seized by regulators last fall after facing losses on loans they backed during the housing boom. (AP)

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Nation

Obama Paves Way For Strict Air Rules

Executive orders may soon force automakers to boost fuel efficiency

WASHINGTON | President Obama took aim Monday at the lofty but long elusive goal of making the nation more energy independent, ordering reviews that could lead to tougher auto emission standards in states and higher pressure on automakers to produce more fuel-efficient cars.

Attacking a Bush administration policy, Obama directed the Environmental Protection Agency to re-examine whether California and other states should be allowed to have tougher auto emission standards to combat a buildup of greenhouse gases.

Obama also directed his administration to get moving on new fuel-efficiency guidelines for the auto industry in time to cover 2011 model-year cars.

"For the sake of our security, our economy and our planet, we must have the courage and commitment to change," Obama said in his first formal event in the ornate East Room of the White House.



President Obama signed an executive order Monday on vehicle emissions.

"It will be the policy of my administration," he said, "to reverse our dependence on foreign oil while building a new energy economy that will create millions of jobs."

California and at least a dozen other states have tried to come up with tougher emission standards than those imposed by the federal government, but Obama said, "Washington stood in their way." The president wants the EPA to take a second look at a decision denying California — and the other states that want to follow its model — permission to set tougher tailpipe emission standards. BEN FELLER (AP)

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BRUNSWICK, MAINE | CHILL PILL



CROSSOVER: A biker braves subzero temperatures Monday on a pedestrian bridge over the Androscoggin River. Bitter cold gripped Maine as another wave of arctic air hit the region. The state's coldest spots were Allagash and Big Black River, both of which reported temperatures of 46 below zero.

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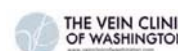
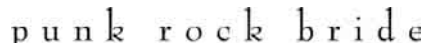
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Nation



Geraldo Rivera of Fox News interviews Illinois Gov. Rod Blagojevich after his appearance on ABC's "Good Morning America" on Monday in New York City.

Blagojevich Snubs Impeachment Trial

Ill. governor appears on TV shows in N.Y.C. to defend his actions

SPRINGFIELD, ILL. | Gov. Rod Blagojevich's impeachment trial opened on Monday with a vacant chair reserved for the governor, who boycotted the proceedings and instead spent the day on the TV talk-show circuit in New York, complaining he is being railroaded.

"The fix is in," Blagojevich said on ABC's "Good Morning America."

As the Illinois Senate assembled for the first impeachment trial of a U.S. governor in more than 20 years, David Ellis, the House-appointed prosecutor, told the chamber that he will show that Blagojevich "repeatedly and utterly abused the powers and privileges of his office."

In one of his first orders of business, Ellis won approval from the Senate to summon as a witness an FBI agent who oversaw the profanity-laden wiretaps that led to Blagojevich's arrest on corruption charges last month.

With Blagojevich refusing to

present a defense, Illinois senators could vote within days on whether to oust the 52-year-old Democrat on a variety of charges, including allegations he tried to sell the Senate seat left vacant by President Obama.

State senators maintained the trial will be fair, despite Blagojevich's attacks on the process.

"We all took an oath to do justice according to the law. I know that everyone is taking the matter seriously and that no one will stand in the way of justice," said Senate Minority Leader Christine Radogno, a Republican.

In live appearances Monday on "Good Morning America" and "The View," Blagojevich said some of his most inflammatory remarks from the wiretaps had been taken out of context. But when pressed, he would not elaborate.

"I'm here in New York because I can't get a fair hearing in Illinois," Blagojevich said.

In one of the most surprising interviews of the day, Blagojevich said he briefly considered naming Oprah Winfrey to the Senate seat.

CHRISTOPHER WILLS (AP)



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GREEN GOAL: British hospitals will be asked to serve more meat-free meals, a health official said Monday, after a report on the environmental impact of Britain's health service said reducing meat consumption would help save the planet's health.

World

Crisis Topples Iceland's Government

Coalition leadership collapses amid political and financial turmoil

REYKJAVIK, ICELAND | Iceland's coalition government collapsed on Monday after an unprecedented wave of public dissent, plunging the island nation into political turmoil as it seeks to rebuild an economy shattered by the global financial crisis.

Prime Minister Geir Haarde resigned and disbanded the govern-

ment he has led since 2006. Haarde was unwilling to meet the demands of his coalition partner, the Social Democratic Alliance Party, which insisted on choosing a new prime minister in exchange for keeping the coalition intact.

"I really regret that we could not continue with this coalition. I believe that that would have been the best result," Haarde said.

Iceland has been mired in crisis since October, when the country's banks collapsed under the weight of debts amassed during years of



Iceland's PM, Geir Haarde, speaks to reporters in Reykjavik, Iceland, Monday.

rapid expansion.

Thousands of angry citizens have joined noisy weekly protests against the government's handling of the economy, clattering pots and kitchen utensils in what some commentators called the "Saucepan Revolution."

The value of the country's krona currency has plummeted, hitting many Icelanders who took out special loans denoted in foreign currencies for new homes and cars during the country's boom years.

DAVID STRINGER (AP)

In Brief



Susan Rice, the new U.S. ambassador to the U.N., speaks to reporters Monday.

UNITED NATIONS U.S. Ambassador Predicts 'Direct Diplomacy' With Iran

President Obama's administration will engage in "direct diplomacy" with Iran, the newly installed U.S. ambassador to the United Nations said Monday. Not since before the 1979 Iranian revolution are U.S. officials believed to have conducted wide-ranging direct diplomacy with Iranian officials. But U.S. Ambassador Susan Rice warned that Iran must meet U.N. Security Council demands to suspend uranium enrichment before any talks are held about its nuclear program. (AP)

SAN'A, YEMEN Gunmen Fire at Police Near U.S. Embassy in Capital

Gunmen in a car exchanged fire Monday with police at a checkpoint near the U.S. Embassy in Yemen's capital, an Interior Ministry official said, hours after the embassy received threats of an attack. No one was injured, and the two gunmen fled the scene, said the official, who spoke on condition of anonymity because he is not permitted to have his name released. It was not clear who was behind the shooting. (AP)

JAKARTA, INDONESIA Muslims Banned From Yoga Containing Hindu Rituals

Muslims in Indonesia are banned from practicing yoga that contains Hindu rituals like chanting, the country's top Islamic body said Monday, echoing concerns by some religious groups elsewhere about its effect on their faith. Though not legally binding, most devout Muslims will likely adhere to the ruling because ignoring a fatwa, or religious decree, is considered a sin. (AP)

Sri Lankan War Traps Civilians

150,000 people stuck in crossfire between government and rebels

COLOMBO, SRI LANKA | More than 150,000 civilians are trapped in a rapidly shrinking jungle battlefield as Sri Lanka hopes to crush a 25-year-old separatist movement.

The top U.N. official in the country said Monday their lives are in serious danger.

"There's so many people, so many guns and such a high intensity of fighting," U.N. resident coordinator Neil Buhne said. "There have been many civilians killed over the last two days. ... It's really a crisis now."

The huge population of trapped, uprooted civilians is living in makeshift shelters under desperate conditions in the last scrap of rebel-controlled territory, Buhne said. They have been without U.N. food aid since Jan. 16, when aid convoys were no longer allowed.

The civilians are in the crossfire between tens of thousands of government troops fresh from capturing the Tamil Tigers' last stronghold over the weekend, and an unknown number of rebels who are so committed to their cause that some carry suicide vials of cyanide in case of capture. RAVI NESSMAN (AP)



Chinese burn sticks of incense as they offer prayers at a temple during the first day of the Lunar New Year in Beijing, China.

Year of the Ox Not Bullish for China

Economic concerns cast pall over Lunar New Year celebrations

BEIJING | China welcomed the arrival Monday of the Year of the Ox with fireworks-filled celebrations, but the country's economic worries have already cast the new year in a more sober light.

Millions of Chinese gave a boisterous farewell to a tumultuous 2008 marked by an earthquake, the Olym-

pics and an economic crisis.

But in a somber Lunar New Year greeting, China's finance minister warned that balancing the budget this year would be increasingly difficult, the official Xinhua News Agency reported.

The Chinese New Year, which marks the start of the Spring Festival, is the country's most important holiday. It is generally celebrated with lavish spending on elaborate meals and exchanges of "hong bao," or red envelopes stuffed

with money.

But at the capital's legendary Quanjude Peking Duck Restaurant, marketing manager Yang Jing said the financial downturn is already having an effect on traditional feasting.

"People are feeling it's harder to make money in the economic crisis, so now the customers are more picky about details like food quality and prices. It's not that easy to take even one penny out of their pockets," Yang said. TINI TRAN (AP)

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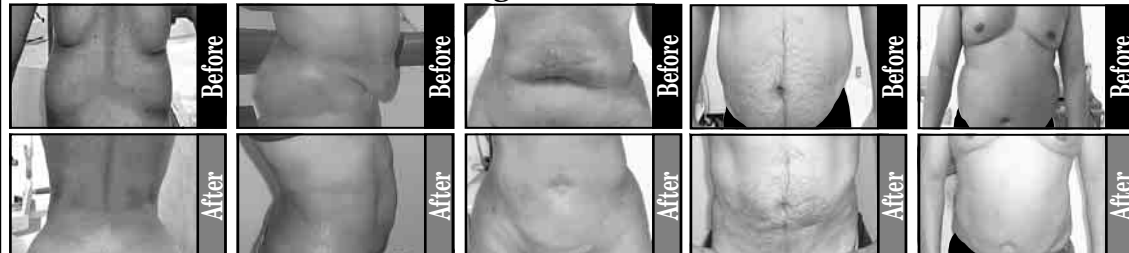
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World



Protesters in London on Monday burn TV licenses in a rally against the British Broadcasting Corp., which has refused to air an appeal to aid Palestinians in Gaza.

Britain in Uproar Over Gaza Appeal

BBC, Sky News under fire for refusing to air fundraising request

LONDON | The fighting in Gaza is quiet, at least for now, but it has sparked an uproar in Britain, where two major broadcasters are under fire for refusing to air a charity appeal to help Palestinian victims there.

The conflict pits the venerable British Broadcasting Corp. and Rupert Murdoch's burgeoning Sky News empire — which maintain they must protect their journalistic impartiality — against British lawmakers and protesters demanding that the Gaza appeal be shown.

They argue that Sky and BBC are denying viewers the chance to learn about the horrendous situation civilians face in Gaza so they can, if they wish, make contributions that would help provide badly needed food, water and medicine.

Jeremy Corbyn, a governing Labour Party lawmaker, said he and other legislators will demand that the appeal be broadcast when they meet Tuesday with BBC executives.

He said Sky News, which announced its decision Monday, and BBC, which acted Friday, have given in to pressure from the Israeli

government.

Israeli officials said they would not comment on the situation, which has ignited passions throughout Britain, where sympathy for the plight of Palestinian civilians is generally high.

The BBC and Sky News say they must protect their journalistic impartiality.

"This is an internal British matter," said Israeli Foreign Ministry spokesman Yigal Palmor. "The BBC doesn't ask us obviously about what to broadcast."

In the past, the government of Israel has accused the BBC of an anti-Israel bias. The broadcaster is publicly funded but designed to be independent of government influence.

The fundraising appeal was submitted for broadcast by the Disaster Emergency Committee, a consortium of charities that includes the Red Cross, Oxfam and Save the Children. GREGORY KATZ (AP)

111

The age of Henry, a centenarian tuatara reptile who, after having a cancerous tumor removed from his genitals, is now the father of 11 hatchlings born Monday in New Zealand. An endangered species, the hatchlings will provide a badly needed boost to the tuatara's genetic diversity.

World

Crash Kills 4 U.S. Soldiers in Iraq

Iraqi leader predicts troops will withdraw ahead of 3-year plan

BAGHDAD | The U.S. military in Iraq suffered its biggest single loss of life in months Monday when two helicopters crashed, killing four service members.

Iraq's prime minister, meanwhile, said he believes the U.S. will withdraw its troops more quickly

than the three-year timeline set down in a U.S.-Iraq security agreement.

A deal negotiated under President George W. Bush's administration called for U.S. combat troops to withdraw from Baghdad and other cities by the end of June, with all American forces out of the country by the end of 2011.

President Obama campaigned on a promise to remove all combat troops within 16 months and

has asked the Pentagon to plan for "a responsible military drawdown from Iraq."

With planning under way, Prime Minister Nouri al-Maliki said at a political rally south of Baghdad that he believes the end of the U.S. mission "will be brought forward" and that Iraq must bolster its own forces to meet the challenge after the Americans leave.

Violence is down sharply since last year after a U.S.-Iraqi offensive

broke the power of Shiite militias and after many Sunni gunmen abandoned the insurgency. U.S. military death tolls have fallen to a fraction of levels seen at the height of the war.

A U.S. military statement said the two helicopters crashed about 2:15 a.m. in northern Iraq but did not specify where or say whether they collided. The statement said the crash did not appear to be a result of hostile fire. **ROBERT H. REID (AP)**



Congolese ex-militia leader Thomas Lubanga arrives at his trial Monday.

ICC Opens Trial Of Congolese Ex-Militia Leader

THE HAGUE, NETHERLANDS | Children snatched from Congo streets were trained to kill and forced to fight in a brutal ethnic war, the International Criminal Court's prosecutor said Monday as the tribunal opened its historic first trial.

Children as young as 9 were told "their gun was father and mother, and would feed and clothe them," Prosecutor Luis Moreno-Ocampo told the three-judge panel in the trial of Congolese ex-militia leader Thomas Lubanga.

Lubanga's trial has been hailed by human rights activists because it is the first international criminal prosecution to focus solely on child soldiers. **(AP)**

Iran Punishes Soccer Officials For Coed Game

TEHRAN, IRAN | The first mixed soccer game — females versus males — since the 1979 Islamic revolution led to swift punishment Monday, as an Iranian soccer club said it had suspended three officials involved and handed out fines of up to \$5,000.

Iran's strict Islamic rules ban any physical contact between unrelated men and women, and Iranian women are even banned from attending soccer games when male teams play.

The officials — a coach and two managers — first denied the game took place, but video clips on cell phones of the game were used as evidence against them, the Vatan-e-Emrooz daily newspaper reported.

ALI AKBAR DAREINI (AP)

THAILAND | ECLIPSE EXCITEMENT



RARE SIGHT: Thai schoolchildren watch a partial solar eclipse through special filters at Chulalongkorn University in Bangkok, Thailand, on Monday morning. The partial eclipse was visible only in parts of Africa, Asia and Australia.

APICHAET WEERAWONG/AP



BY THE NUMBERS: Wildlife officials reported Monday that 10 mountain gorillas have been born in Congo's Virunga National Park in the last 16 months — an encouraging sign for the critically endangered species. **(AP)**

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Money

Pfizer to Buy Rival Wyeth

Blockbuster \$68B deal
will give Pfizer a more
diverse drug portfolio

TRENTON, N.J. | No. 1 drugmaker
Pfizer Inc. said Monday it is buy-
ing No. 12 Wyeth for \$68 billion in a
deal that will quickly boost Pfizer's
revenue and profit, and transform
it overnight into a more diversified
company less reliant on its dwindle-
ing drug pipeline.

New York-based Pfizer managed
with one stroke to overshadow a full
house of issues: a 90 percent drop
in income, a hefty charge to end
an investigation, a severe cut in its
dividend, a shockingly low profit
forecast for 2009 and 8,000 job
cuts starting immediately.

That's all on top of the colossal
problem triggering this deal: the
expected loss of \$13 billion a year
in revenue for cholesterol fighter
Lipitor starting in November 2011,
when it gets generic competition.

Pfizer also plans to cut about
8,000 jobs, 10 percent of its work
force, as part of what it expects will
be a staff reduction totaling 15 per-
cent of the combined companies'



Jeffrey Kindler, left — chairman and CEO of Pfizer — and Bernard Pousot —
president, chairman and CEO of Wyeth — announce the deal Monday in New York.

workers — implying a total job loss
of almost 20,000.

By buying Wyeth, Pfizer will
mutate from a maker of blockbuster
pills to a one-stop shop for vaccines,
biotech drugs, traditional pills and
nonprescription products for both
people and animals.

The cash-and-stock deal, one of
the industry's biggest ever, is expect-
ed to close late in the third quarter

or in the fourth quarter. It comes as
Pfizer's 2007 fourth-quarter profit
takes a brutal hit from a \$2.3 billion
legal settlement over allegations it
mis-marketed pain reliever Bextra
and possibly other products.

Pfizer said it will pay \$50.19
per share for Madison, N.J.-based
Wyeth, a 14.7 percent premium to
the company's closing price of \$43.74
Friday. LINDA A. JOHNSON (AP)

Geithner Is Confirmed As Treasury Secretary

Financial official will
guide efforts to save
the nation's economy

WASHINGTON | The Senate on Mon-
day confirmed New York Federal
Reserve Bank chief Timothy Geithner
as President Obama's treasury
secretary despite tax problems that
might have sunk his nomination in
less desperate times.

The 60-34 vote, in which hand-
fuls of Republicans and Democrats
voted against their party lead-
ers, put Geithner at the helm of
Obama's economic team as it races
to halt the worst financial slide in
generations.

In swift order reflecting the
urgency, Obama was expected

to attend Geithner's swearing in
Monday evening at the Treasury
Department.

Many Republicans were will-
ing to overlook Geithner's failure to
pay all his taxes on income received



Geithner

from the Interna-
tional Monetary
Fund in 2001 and
in three subse-
quent years.

For most sen-
ators, the real
reason for Gei-
thner's likely con-
firmation appears to be less a mat-
ter of bipartisan cooperation than
political survival. Lawmakers of all
stripes are eager to set the economy
in the right direction long before the
2010 midterm elections. (AP)

Court: Taco Bell Owes for Mascot

SAN FRANCISCO | A federal appeals
court has ordered Taco Bell Corp.
to pay the creators of the fast-food
chain's popular Chihuahua sales
mascot \$42 million.

A Michigan jury in 2003 found
that Taco Bell didn't properly pay
the dog's creators when it launched
its \$500 million advertising blitz
in the 1990s that popularized the
phrase "¡Yo quiero Taco Bell!" The
9th Circuit U.S. Court of Appeals
on Friday upheld a lower court's
ruling ordering Taco Bell to make
the payment. (AP)



BY THE NUMBERS:
Netflix's fourth-quarter
profit climbed 45 percent,
propelled by the widen-
ing appeal of its relatively inexpensive
rental service in a recession. (AP)



"It goes to show, the best ideas don't always come out of Richmond."

—Terry McAuliffe, Democratic Virginia gubernatorial hopeful, speaking about his plan to make ports more competitive and keep aircraft carriers in-state in his TV ad focusing on Hampton Roads.

Local

Police Shoot, Kill Man in NE Scuffle

MPD officer kills man who allegedly lunged at him wielding knife

A D.C. police officer shot and killed a 36-year-old man who allegedly lunged at him with a knife Monday in a Northeast Washington rooming house, authorities said.

Assistant Chief Peter Newsham, whose command includes the internal affairs bureau, said two officers responded to a report of a stabbing about 10:30 a.m. in the 800 block of 7th Street NE, just north of Union Station. When the officers arrived, Newsham said, they found one man suffering from a stab wound to his neck.



Police personnel gather near a shooting scene in the 800 block of 7th Street NE Monday. An MPD officer shot and killed a man who allegedly lunged at him with a knife.

He said the officers were then confronted in the house by the stabbing victim's apparent assailant, a 36-year-old man holding a knife in one hand and a pole in the other. After swinging the pole at the officers, Newsham said, the man lunged at them with the blade.

"He made statements to the effect that he wasn't going to be taken alive," Newsham said. He said one of the officers, an eight-year member of the force, fired one shot, killing the man, whose name was being withheld pending notification of his next of kin. An investigation of the incident, including the mental health of the man who was killed, was continuing last night.

PAUL DUGGAN (THE WASHINGTON POST)

O'Malley Releases Agenda

Md. governor calls for tougher driving rules, more jobless insurance

Maryland Gov. Martin O'Malley (D) Monday proposed legislation to impose tougher sanctions on drunk drivers, place additional restrictions on young drivers and expand unemployment insurance to part-time workers laid off amid the economic downturn.

The legislation was among about 20 "administration bills," most of which would have little or no cost to the state, that O'Malley pledged to push in the current legislation session.

The governor also reiterated support for several other measures he has said will be part of his agenda this session, including: repeal of Maryland's death penalty, additional measures to protect domestic violence victims, new safeguards against surveillance activity by the state police and measures to reduce greenhouse gas emissions.

JOHN WAGNER (THE WASHINGTON POST)

The Lotteries

Monday, Jan. 26

DISTRICT	
Mid-day Lucky Numbers	9-9-2
Evening Lucky Numbers (Sun.)	2-9-9
Mid-day DC 4	6-7-0-8
Evening DC 4 (Sun.)	1-7-8-0
Rolling Cash Five (Sun.)	8-11-19-25-33
Daily 6 (Sun.)	5-6-8-9-17-31 Bonus: 19

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

MARYLAND	
Mid-day Pick 3	2-3-5
Evening Pick 3 (Sun.)	8-5-6
Mid-day Pick 4	3-0-3-4
Evening Pick 4 (Sun.)	6-2-7-5
Match 5 (Sun.)	9-21-28-32-34 Bonus: 4

VIRGINIA	
Mid-day Pick 3	1-2-4
Evening Pick 3 (Sun.)	3-5-0
Mid-day Pick 4	0-8-9-2
Evening Pick 4 (Sun.)	1-1-1-4
Mid-day Cash 5	5-8-13-18-31
Evening Cash 5 (Sun.)	10-15-16-24-29

Herring Finally Seated in Va. House

RICHMOND, VA. | Charniele Herring, winner of a special election two weeks ago by just 16 votes, has finally been seated in the House of Delegates.

The 39-year-old Alexandria attorney was seated Monday, 13 days after winning a special election for the seat Brian Moran vacated when he resigned to run for governor full time.

For eight successive floor ses-

sions, majority Republicans blocked Democratic efforts to seat Herring until a recount demanded by the loser, Republican Joe Murray.

Monday's recount before three Alexandria Circuit Court judges did not change the initial results. (AP)



Herring

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Local

A COIN OF OUR OWN: On Monday, the U.S. Mint released the new D.C. quarter. The commemorative coin features an image of D.C. native and jazz great Duke Ellington, and an inscription of the city's motto, "Justice for all."



Driver Charged in Va. Truck Crash

Police: Accident spilled gallons of diesel fuel on Dulles Greenway

The Dulles Greenway was closed between Leesburg and Ashburn for the first part of Monday morning's rush hour after a tractor-trailer overturned and spilled diesel fuel onto the road, but it was reopened by midday.

The incident occurred at about 2 a.m. near the intersection with

Shreve Mill Road, when a westbound tanker truck ran off the left side of the road and overturned in the median, Virginia State Police said.

Two eastbound lanes of the highway were reopened to traffic at 7:38 a.m., but none of the westbound lanes was opened until just before 9:30 a.m., police said in a statement. By shortly before noon, the Loudoun County Sheriff's Office reported that the incident had been cleared and traffic



The tractor-trailer sits on the Dulles Greenway Monday after the accident.

was running normally.

The driver of the truck, 24-year-old Richard Clem, was charged with reckless driving. Police said Clem was from Middletown, Va., off Interstate 81 near the intersection of Interstate 66.

Police said fatigue was a factor in the accident. Clem was taken by ambulance to Lansdowne Hospital in Leesburg for treatment of injuries that were not life-threatening.

The crash ruptured the truck's

tank, which was carrying a load of 7,500 gallons of diesel fuel. Hazardous materials crews from Loudoun County Fire and Rescue worked at the accident scene to contain the fuel leakage, aided by a hazardous materials recovery company.

The amount of leaked fuel wasn't immediately available, but one official said the spill involved hundreds of gallons. A Loudoun County official said the incident had been contained and does not pose any risk to the public.

Commuters used Route 7 as a detour. **HOWARD SCHNEIDER AND DEBBI WILGOREN (THE WASHINGTON POST)**

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T.O.'S SURREAL LIFE: Terrell Owens is letting the public get a look at his personal life. VH1 announced Monday that the outspoken Dallas Cowboys wide receiver will star in his own reality show on the channel, beginning this summer.

Sports

Friendships Put Aside for Big Game

Super Bowl pits former Pittsburgh assistants vs. Steelers' LeBeau

SUPER BOWL | Yes, Arizona coach Ken Whisenhunt knows the Pittsburgh Steelers' offense like no one else from another team. He helped design it. He taught Ben Roethlisberger to run it. His system enabled the Steelers to win a Super Bowl three years ago. Edge, Cardinals.

Then there's this angle: No one knows Whisenhunt's offense like Dick LeBeau, the Steelers' defensive coordinator and Whisenhunt's good friend. Their practice sessions together when Bill Cowher was coach were competitive, even if Whisenhunt's starters seldom went against LeBeau's regular defenders.



Steelers defensive coordinator Dick LeBeau knows plenty about Cardinals coach Ken Whisenhunt's offensive scheme. But Whisenhunt has info on LeBeau, too.

"Coach Cowher would keep track of that all the time, so whoever Bill was mad at that day, the other guy won," LeBeau said. Edge, LeBeau. Sometimes.

All this who-knows-what intrigue creates an interesting story line for an unlikely Super Bowl matchup: the Steelers against the team they call Steelers West for all the transplanted former Pittsburgh coaches and players with Arizona.

"It is different — I won't lie — because they are my friends. You want your friends to be successful, and this is one game I would prefer that they not be," LeBeau said. "Kenny and I were really close friends; we played golf together all the time. We were both on the same skill level, so we could never be on the same team." ALAN ROBINSON (AP)

Swengali

TERPS MEN'S HOOPS | BY MATT SWENSON

The Terrapins' House of Horror

GREIVIS VASQUEZ MUST feel like he's homeless right about now.

The combustible Maryland junior last week proclaimed Duke's Cameron Indoor Stadium as "his house." Then the Terrapins went out and lost by 41 points.

"Ouch" doesn't begin to cover the beatdown that occurred Saturday. The loss was not surprising — the margin of victory was astounding.

The cliché goes that a team throws away the film from a game like that, and perhaps coach Gary Williams did just that while readying the Maryland for Boston College on Tuesday night.

But such a defeat sticks with you. While it's just one loss, it underscores the fall of the once-mighty Terps.

Duke Rises To Top Spot In AP Poll

Blue Devils reclaim No. 1 for the first time since 2005-06 season

MEN'S COLLEGE HOOPS | Duke returned to the top of The Associated Press' college basketball poll Monday, a place the Blue Devils have been very familiar with in recent years.

The Blue Devils (18-1) moved up one spot to No. 1, their first appearance there since the final poll of 2005-06. They were ranked on top for at least one week in every season from 1997-98 to 2003-04 and only UCLA's 134 weeks at No. 1 beats Duke's 111 in the 59-year history of the poll.

Duke received 62 first-place votes and 1,789 points from the 72-member national media panel to easily outdistance Connecticut (18-1), which was No. 1 on six ballots and had 1,694 points, 47 more than Pittsburgh (18-1), which had three first-place votes. Georgetown fell to No. 25. (AP)

SUPER BOWL | THE CARDINALS ARRIVE IN TAMPA



TOUCHDOWN: Capt. Bruce Meyer holds an Arizona Cardinals flag outside the cockpit window as the team arrives at Tampa International Airport for Super Bowl XLIII Monday. The Pittsburgh Steelers also arrived for Sunday's big game.

Terps Stars Honored After UNC Win

TERPS WOMEN'S HOOPS | Maryland teammates Marissa Coleman and Lynetta Kizer have received weekly player honors in Atlantic Coast Conference women's basketball for help-

ing the Terrapins beat previously second-ranked North Carolina.

Coleman, who was named player of the week for the fourth time this year, tied her season-high with 22

points in leading Maryland to the 77-71 upset victory over the Tar Heels. Kizer came within a rebound of her seventh career double-double in the Terps' victory and won her second rookie-of-the-week honor in as many weeks. (AP)

While it's just one loss, it underscores the fall of the once-mighty Terps.

Over the course of this column's four years, we've asked aloud many times whether mediocrity really befits a program that won the national title this decade.

Juan Dixon has been a professional long enough to be drafted by the Wizards, leave the area for three years and make an unceremonious return before a dreadful season.

This up-and-down, not-all-that-good product Williams puts on the court nearly every year is the new reality in College Park.

Maryland will probably beat BC as a knee-jerk response to Saturday's embarrassment, but its long-term success appears limited.

Maybe Vasquez should try to make Comcast Center his house. The Terps would be better off for it.



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Sports



In 1993, the last time the Canadiens hosted the All-Star Game, they went on to win the Stanley Cup. All-Star MVP Alex Kovalev, left, hopes to get them to the playoffs.

Canadiens' Pride Relies on History

Montreal hopes to use All-Star Game as boost toward Stanley Cup

HOCKEY | The last time Montreal hosted the NHL All-Star Game back in 1993, the Canadiens rode the wave to their 24th Stanley Cup title.

They haven't added to their record total since.

So, take notice, Alex Kovalev. You were the man of the hour Sunday night with an All-Star MVP performance, but the adulation will be gone by spring if hockey's most storied franchise fizzles in the playoffs.

"There is so much history here," said Kovalev, the Canadiens for-

ward who captained the East All-Stars to a 12-11 shootout victory over the West on his home ice. "History is this club, and you want to be a part of it. That's why it's important to me."

The Canadiens are certainly Cup contenders heading into the second half of the franchise's 100th season. After losing in the second round of the playoffs last year, despite having the top seed in the Eastern Conference, the Canadiens are primed to make another run.

Montreal entered the All-Star break in second place in the Northeast Division, 13 points behind the Boston Bruins, who are tied with San Jose for the overall NHL lead at 73 points. **IRA PODELL (AP)**

TODAY'S TV LINEUP

CAPITALS (7 P.M. ON VERSUS) Is the Capitals-Bruins game a preview of the Eastern Conference Finals?

TERPS MEN'S HOOPS (7:30 P.M. ON ESPN2) Maryland tries to bounce back from its pounding at Duke when hosting Boston College.

MEN'S COLLEGE HOOPS (7 P.M. AND 9 P.M.)

ON ESPN) Kentucky can move to 6-0 in the SEC and 17-4 overall with a win over Mississippi; and Wisconsin needs a win when hosting Purdue in a Big 10 battle.

TENNIS (9:30 P.M., AND 3:30 A.M. WEDNESDAY ON ESPN2) The men's and women's quarterfinals continue at the Australian Open.



OFF TO THE RACES: Barbaro's brother is near the starting gate. Nicanor, a full brother of the 2006 Kentucky Derby winner whose story captivated the racing world for months, will race for the first time either this weekend or next, trainer Michael Matz said Monday.

Sports

At Australian Open, a World of Pain

Blake, Murray upset on day many players are forced to drop out

TENNIS | Andy Murray wasn't the only one feeling pain Monday at the Australian Open.

While Murray's anguish was mostly psychological — the fourth-seeded Scot was ousted by Spain's Fernando Verdasco 2-6, 6-1, 1-6, 6-3, 6-4 — three other players had to quit mid-match with injuries or illness, paving the way for Serena Williams, Gilles Simon and Svetlana Kuznetsova to reach the quarterfinals.

Top-ranked Rafael Nadal, meanwhile, left 2007 runner-up Fernando Gonzalez feeling out of sorts with another dominating performance in a 6-3, 6-2, 6-4 win. He has yet to drop a set and next faces the sixth-seeded Simon, who advanced when fellow Frenchman Gael Monfils retired with a wrist injury.

Verdasco will meet fifth-seeded Jo-Wilfried Tsonga of France, who beat No. 9 James Blake 6-4, 6-4, 7-6 (3), leaving No. 7 Andy Roddick as the only American in the men's draw. Tsonga was runner-up last year to Novak Djokovic,



Andy Murray's facial expressions say it all — he fell in five sets to Spain's Fernando Verdasco Monday in the Australian Open.



Jo-Wilfried Tsonga of France celebrates after winning match point over James Blake Monday. Blake's loss leaves Andy Roddick as the only American Down Under.

while Blake has failed to get past the quarterfinals of a Grand Slam in 28 appearances.

Williams was the biggest beneficiary of the wave of retirements. She lost the first set to 13th-seeded Victoria Azarenka of Belarus and was so frustrated with her first serve that she cursed it, earning a warning for a verbal obscenity. The 19-year-old Azarenka, who woke up sick, had to quit in the second set.

Williams, seeking a 10th Grand Slam singles title, next plays 2004 U.S. Open champion Kuznetsova, who advanced when Zheng Jie of China retired at 4-1 in the first set. They are the only major winners still in the women's draw.

PAUL ALEXANDER (AP)

In Brief

BASEBALL

Pettitte Agrees to \$5.5M Contract With the Yankees

Andy Pettitte and the New York Yankees have agreed to a \$5.5 million, one-year contract that brings the left-hander back to the Big Apple. Pettitte can make an additional \$6.5 million on performance bonuses and bonuses based on time on the active roster. Late last year, New York had offered a deal that would have guaranteed Pettitte \$10 million, down from the \$16 million he earned last year. (AP)

RAVENS

Baltimore Names Mattison New Defensive Coordinator

The Baltimore Ravens promoted linebackers coach Greg Mattison to replace departed Rex Ryan as their defensive coordinator on Monday. The 59-year-old Mattison was hired by first-year coach John Harbaugh in February 2008. Although he has only one year of NFL experience, the longtime college coach was defensive coordinator at Michigan, Notre Dame and Florida. Ryan served as defensive coordinator with Baltimore for four seasons before leaving last week to accept the job as head coach of the New York Jets. (AP)

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SING A SONG OF CHARITY: The musician formerly known as Cat Stevens, Yusuf Islam, released a rendition of the George Harrison song "The Day the World Gets Round" on Monday to help the children of Gaza. All proceeds from the song will go to UNRWA and Save the Children.



Blond, Ambitious

Jane Krakowski chats about the '30 Rock' rung of her life ladder

Q&A | Jane Krakowski is more than ready to laugh at herself. Though the stunning blonde has played her share of knockouts — perhaps most memorably in her Tony-winning turn as Antonio Banderas' mistress in the musical "Nine" — TV audiences know her best for her role as Jenna Maroney, the narcissistic, self-centered star of the show-within-a-show on NBC's Emmy-winning comedy "30 Rock." A legend in her own mind, Jenna humiliates herself on a regular basis, usually in an attempt to prove her sexuality or intelligence — both of which are questionable.

Krakowski is earning raves for her self-effacing work on "30 Rock." Though she took over the role from Rachel Dratch, who originated it in the pilot, Krakowski has made Jenna her own. And it's hard to imagine anyone else making self-absorption so endearing.

At what point did you realize acting was something you wanted to do?

I think really early on. I honestly can't think of anything else I wanted to do. I feel really lucky to still be working and making a living acting.



LAUGH AT HERSELF: The brilliance behind Jane Krakowski's Jenna is that she's a flighty stereotype of an actress. Krakowski doesn't take herself too seriously.

Even now, every time I get a new job, I'm exhilarated that I got it and terrified I have to pull it off.

The role of Jenna on "30 Rock" seems to fit you so perfectly, it's hard to believe another actor was ever in the part. What did you know about the show going in?

I don't know how the part was originally going to be, but when I met Tina, she liked the idea of working in my singing and dancing. At that time, they didn't know if they would be doing much with the show within the show. I don't even know where to begin with "30 Rock," because, honestly, it is the best job I've ever had. I love the show, and I love Jenna. She's absolutely deluded in a very humorous way.

Which begs the question, is she at all based on any actors you know?

Oh, absolutely. And on things that I try to keep at bay in myself or don't admit to people are in myself, and certainly other actresses I've observed. You can have a pretty good field day playing an actress if you have a good sense of humor. Sometimes they've asked me to do things and I'm, like, "I'm really going to do this? I'm going to roller-skate in a fat suit?" But I never question it. I trust in Ms. Fey and whatever she wants us to do. JENELLE RILEY (BACK STAGE)



On Wednesday, Couric will anchor a special edition of "CBS Evening News."

To Know Her Is to Watch Her

CBS is on a mission to make Katie Couric believers out of us all

EXPOSURE | Hoping to create more buzz for her third-place newscast, CBS is handing anchor Katie Couric some key prime-time real estate in the coming weeks.

On Wednesday, the network will air a special edition of "CBS Evening News" at 8 p.m., hoping to catch the attention of viewers who have not sampled the broadcast. A week later, Couric will anchor an hour-long Grammy special, featuring interviews with Justin Timberlake, Lil' Wayne, Katy Perry and Taylor Swift. CBS broadcasts the Grammy Awards on Feb. 8.

In a recent interview, CBS News President Sean McManus said he was convinced that if more people see the kind of work Couric is doing, they will be persuaded to tune in to her evening newscast.

"The main priority is to broaden the exposure, because the more people that have an opportunity to see it, the more people seem to say, 'Damn good broadcast,'" McManus said.

Couric, who is halfway through her five-year contract, has enjoyed a recent ratings bump but still lags her competitors at NBC and ABC.

MATEA GOLD (LOS ANGELES TIMES)

Contestants You'll Love to Hate

Strong personalities win big in 'American Idol' audition rounds

TELEVISION | The last season of "American Idol" had cute folks, youngsters and heaps of talent. What it didn't have, though, were contestants that really raised viewers' ire.

This season, which continues with more auditions at 8 p.m. on Fox, will clearly be different.

Take bikini-clad Katrina Darrell,

express nightout

Let us know how you think Bikini Katrina Darrell and testy Tatiana Del Toro will do in Hollywood. Also, check back Wednesday, Thursday and Friday for "Idol" recaps. | **ONLINE NOW** EXPRESSNIGHTOUT.COM/IDOL

the gal with the Christina Aguilera timbre, the Paris Hilton body and the Paris Hilton-esque desire to show off said body. Judges Paula Abdul



Katrina Darrell won Simon's favor but openly sparred with the female judges.

and Kara DioGuardi shot daggers at her; she rolled her eyes right back.

Last week, we met Tatiana Del Toro, who assumed a pouty stance of Joan of Arc defiance as judge Simon Cowell lit into her for her dramatic attempt at an Aretha Franklin tune.

They both were given tickets to the next round in Hollywood. Hopefully, their presence will mean some prize-fightish throwdowns with fellow contestants.

Place your bets now. GREG BARBER (EXPRESS)



MILK IT, MICKEY: Mickey Rourke, who recently starred in "The Wrestler," is getting back in the ring. On April 5, Rourke will participate in WWE's Wrestlemania 25 in Houston. Rourke says he would like to take on "Raw" star Chris Jericho.

Entertainment

The Weatherman Cometh

George Friedman looks ahead in 'A Forecast for the 21st Century'

BOOK | Forget the Chinese lessons. Rather, you'd better start brushing up on your Polish.

In his book "The Next 100 Years: A Forecast for the 21st Century" (Doubleday), George Friedman predicts that Poland, Turkey, Japan and Mexico will become new world powers by the end of this century. We won't be worrying ourselves over Russia or China. And the war against militant Isla-

mists that has been the primary focus of our country for the past eight years will become a distant memory.

All this may seem outlandish, especially in the current climate of a reawakened Russia, the economic boom in China and a military campaign that has spiraled out of control with no clear end in sight. But the author is no kook.

Friedman has had a long career in political theory — he taught political science for more than 20 years; has briefed the armed services on national defense issues; and founded the private global

FOR A LONGER version of Ewa Beaujon's book review, visit Expressnightout.com

intelligence company Stratfor, which serves as a consultant to a number of Fortune 500 companies and foreign governments, and has been referred to as "the Shadow CIA."

So, apart from emerging new powers and the collapse of China and Russia, what else can we expect from this century?

Friedman predicts that the world's falling population figures and longer life expectancy are going to mean fiscal chaos for those born

between 1970 and 1990. It could also mean that our country will be engaged in a fight to attract a declining global labor force.

Friedman also writes that we can expect our next global war to be against an allied Japan and Turkey. That's right: Japan and Turkey. He writes, "This war will be fought differently from any in history — with weapons that are today in the realm of science fiction."

Friedman's declaration that, through all the ups and downs of this century, the United States is and will remain the leading superpower in the world for at least the next 100 years is easier to believe. Nonetheless, it wouldn't hurt to invest in some Berlitz classes. EWA

BEAUJON



George Friedman shares surprising insights about what the future holds.

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Entertainment

OH, THE HORROR: Neil Gaiman has been awarded the top prize for children's literature: the John Newbery Medal. "I am so wonderfully befuddled," the best-selling author said Monday after winning the 88th annual award for "The Graveyard Book," a spooky, but (he says) family-friendly story.



You Want It and Franz Has It

'Tonight' surpasses the expectations of a long-awaited release

MUSIC | When a band waits more than three years between releases, the result is often less than stunning.

But Glasgow's Franz Ferdinand has never been one to follow any trends, and the group's third album, the self-referential "Tonight: Franz Ferdinand," is neither a letdown nor a vanity project. In fact, it might just live up to its hype.

"Tonight" opens with that same sound, the literary-in-name-but-not-in-content "Ulysses," a deja vu-

inducing round of fuzzy bass, hissed lyrics and a familiar chorus of "la, la, la, la, la." This track would have fit in fine with either of the first two albums, and its only striking features here are the qualities that make it a single: driving beats and an addictive hook.

But while the single may remain in familiar territory, the rest of the album takes some chances, mixing in a wide range of elements, from Afro-pop to techno. Beats and rhythm often vary dramatically among and within the tracks, but nothing takes away from the insane danceability of the whole thing.

And, of course, as with any hyped release, you can buy "Tonight" in a



Franz Ferdinand takes chances on "Tonight," even blending in Afro-pop elements.

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To read more of Afton Lorraine Woodward's Franz Ferdinand review and to hear the band's tracks, visit our Web site. **ONLINE NOW**
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hundred different formats, including the invariable "special edition." The way labels are packaging albums now, you'd think this was the complete Led Zeppelin. One version of "Tonight" includes the CD and the entire album over six 7-inch singles, a dub version on CD called "Blood: Tonight," and a 40-minute DVD documentary on the making of the album called "Between Summertown & Merryland." Pretty extravagant, but it just might be worth it. **AFTON LORRAINE WOODWARD**

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UNDERWORLD 3 (R) - ID REQ'D (240 510) 740 1010
NOTORIOUS (R) - ID REQ'D (100 400) 700 1005
HOTEL FOR DOGS (PG) (115 410) 650 925
THE UNBORN (PG-13) (215 440) 715 945
NOT EASILY BROKEN (PG-13) (105 PM)
REVOLUTIONARY ROAD (R) - ID REQ'D (130 420) 705 1020
LAST CHANCE HARVEY (PG-13) (250 525) 800 1030
MARLEY AND ME (PG) (340 PM) 640 PM 940 PM
VALKYRIE (PG-13) (415 PM) 1015 PM
BEDTIME STORIES (PG) (110 PM) 350 PM
DOUBT (PG-13) 630 PM 910 PM
GRAN TORINO (R) - ID REQ'D (125 435) 725 1025
SLUMDOG MILLIONAIRE (R) - ID REQ'D (150 PM 450 PM) 750 PM
RACHEL GETTING MARRIED (R) - ID REQ'D (120 PM) 735 PM

POTOMAC YARD STADIUM 16

Adv. Tix on Sale THE PINK PANTHER 2
3575 Jefferson Davis Hwy 800-FANDANGO 690#
UNDERWORLD 3 (R) - ID REQ'D (140 240 410 510) 640 740 910 1010
INKHEART (PG) (150 430) 710 950
NOTORIOUS (R) - ID REQ'D (200 300 400 500) 600 700 800 900 1000
MY BLOODY VALENTINE 3D (R) - ID REQ'D ★ (120 420) 720 1020
GRAN TORINO (R) - ID REQ'D (145 440) 730 1030
LAST CHANCE HARVEY (PG-13) (1250 335) 610 945
OC: PAUL BLART - MALL COP (PG) (405 PM) 920 PM
PAUL BLART MALL COP (PG) (135 PM) 650 PM
DEFIANCE (R) - ID REQ'D (120 PM 435 PM) 750 PM
HOTEL FOR DOGS (PG) (105 355) 630 905
THE UNBORN (PG-13) (115 350) 625 900
BRIDE WARS (PG) (100 350) 620 850
NOT EASILY BROKEN (PG-13) (540 PM) 820 PM
MARLEY AND ME (PG) (250 PM)
THE CURIOUS CASE OF BENJAMIN BUTTON (PG-13) (1240 PM 425 PM) 810 PM
BEDTIME STORIES (PG) (110 PM)

KINGSTOWNE STADIUM 16

Adv. Tix on Sale THE PINK PANTHER 2
5910 Kingstowne Towne Center 703-822-4956
RW: UNDERWORLD 3 (R) - ID REQ'D (1120 140 415) 640 855
INKHEART (PG) (1150 225 450) 720 950
UNDERWORLD 3 (R) - ID REQ'D (1235 300 520) 800 1020
MY BLOODY VALENTINE (R) - ID REQ'D (130 355) 710 935
NOTORIOUS (R) - ID REQ'D (1125 215 315 500) 620 745 910 1035
PAUL BLART MALL COP (PG) (1130 150 430) 705 925
HOTEL FOR DOGS (PG) (1115 135 400) 740 1005
THE UNBORN (PG-13) (125 335) 605 1015
BRIDE WARS (PG) (1140 200 425) 650 915
NOT EASILY BROKEN (PG-13) 750 PM 1025 PM
REVOLUTIONARY ROAD (R) - ID REQ'D (1245 330) 700 945
LAST CHANCE HARVEY (PG-13) (1215 240 505) 735 1000
MARLEY AND ME (PG) (1145 AM)
THE CURIOUS CASE OF BENJAMIN BUTTON (PG-13) (235 PM) 610 PM 940 PM
BEDTIME STORIES (PG) (1220 PM 245 PM) 510 PM
GRAN TORINO (R) - ID REQ'D (1115 205 445) 725 1010
SLUMDOG MILLIONAIRE (R) - ID REQ'D (1230 340) 635 920

COUNTRYSIDE STADIUM 20

Adv. Tix on Sale THE PINK PANTHER 2
45980 Regal Plaza 800-FANDANGO 394#
WRESTLER (R) - ID REQ'D (110 405) 655 930
RACHEL GETTING MARRIED (R) - ID REQ'D (330 PM) 900 PM
SLUMDOG MILLIONAIRE (R) - ID REQ'D (1225 320) 610 905
REVOLUTIONARY ROAD (R) - ID REQ'D (1235 335) 620 910
INKHEART (PG) (130 420) 700 940
GRAN TORINO (R) - ID REQ'D (100 400) 710 1010
UNDERWORLD 3 (R) - ID REQ'D (1235) 350 655 1005
OC: PAUL BLART - MALL COP (PG) (650 740 920 1015
NOTORIOUS (R) - ID REQ'D (345 PM) 855 PM
PAUL BLART MALL COP (PG) (1255 350) 640 935
PAUL BLART MALL COP (PG) (1200 100 225 450) 630 720 950
DEFIANCE (R) - ID REQ'D (1240 340) 645 1005
MY BLOODY VALENTINE 3D (R) - ID REQ'D ★ (1220 250 520) 750 1030
HOTEL FOR DOGS (PG) (1215 245 510) 730 1000
THE UNBORN (PG-13) (1245 400) 755 1035
BRIDE WARS (PG) (135 435) 745 1020
NOT EASILY BROKEN (PG-13) 735 PM 1025 PM
LAST CHANCE HARVEY (PG-13) (125 425) 715 945
MARLEY AND ME (PG) (1245 PM) 615 PM
VALKYRIE (PG-13) (1230 325) 625 915
THE CURIOUS CASE OF BENJAMIN BUTTON (PG-13) (1210 PM) 235 PM 500 PM

FOX STADIUM 16

Adv. Tix on Sale THE PINK PANTHER 2
22875 Crawford Plz Asbun, VA 703-957-1035
RW: UNDERWORLD 3 (R) - ID REQ'D (1220 240 500) 720 940
INKHEART (PG) (200 430) 700 930
UNDERWORLD 3 (R) - ID REQ'D (120 340) 600 820 1030
MY BLOODY VALENTINE (R) - ID REQ'D (620 PM) 840 PM
NOTORIOUS (R) - ID REQ'D (230 520) 800 1040
PAUL BLART MALL COP (PG) (1230 130 250 550 610) 610 730 830 950
DEFIANCE (R) - ID REQ'D (100 400) 710 1010
HOTEL FOR DOGS (PG) (145 410) 640 900
THE UNBORN (PG-13) (1245 300 550) 810
BRIDE WARS (PG) (110 330) 630 850
REVOLUTIONARY ROAD (R) - ID REQ'D (210 445) 745 1025
LAST CHANCE HARVEY (PG-13) (1250 320) 650 915
MARLEY AND ME (PG) (115 PM)
THE CURIOUS CASE OF BENJAMIN BUTTON (PG-13) (420 PM) 750 PM
BEDTIME STORIES (PG) (1240 PM) 310 PM
GRAN TORINO (R) - ID REQ'D (140 440) 715 1000
SLUMDOG MILLIONAIRE (R) - ID REQ'D (150 450) 740 1020

FAIRFAX TOWNE CENTER 10

Adv. Tix on Sale THE PINK PANTHER 2
4110 W Ox Road 800-FANDANGO 670#
MY BLOODY VALENTINE 3D (R) - ID REQ'D ★ (140 450) 750 1025
HOTEL FOR DOGS (PG) (130 420) 710 935
THE WRESTLER (R) - ID REQ'D (120 440) 720 950
RACHEL GETTING MARRIED (R) - ID REQ'D (100 400) 715 955
DOUBT (PG-13) 730 PM 1020 PM
LAST CHANCE HARVEY (PG-13) (150 430) 740 1010
BRIDE WARS (PG) (110 410) 700 945
BEDTIME STORIES (PG) (145 435) 725 950
THE TALE OF DESPERAUX (G) (115 PM) 345 PM
TWILIGHT (PG-13) (105 405) 705 1030
THE UNBORN (PG-13) (200 455) 755 1030

MANASSAS STADIUM 14

Adv. Tix on Sale THE PINK PANTHER 2
11380 Bulloch Drive 800-FANDANGO 490#
UNDERWORLD 3 (R) - ID REQ'D (1200 100 245 345 500) 600 715 815 945 1045
INKHEART (PG) (1045 135 415) 700 930
NOTORIOUS (R) - ID REQ'D (1230 330) 630 1000
PAUL BLART MALL COP (PG) (1115 150 410) 645 915
MY BLOODY VALENTINE 3D (R) - ID REQ'D ★ (1145 230 515) 745 1015
HOTEL FOR DOGS (PG) (1245 315 540) 800 1025
THE UNBORN (PG-13) (125 300) 610 900
BRIDE WARS (PG) (1205 235 505) 805 1035
NOT EASILY BROKEN (PG-13) (1150 AM)
MARLEY AND ME (PG) (1110 155 455) 830
VALKYRIE (PG-13) 705 PM 1005 PM
THE CURIOUS CASE OF BENJAMIN BUTTON (PG-13) (210 PM 545 PM) 920 PM
BEDTIME STORIES (PG) (1130 AM 200 PM) 445 PM
GRAN TORINO (R) - ID REQ'D (115 400) 650 950
SLUMDOG MILLIONAIRE (R) - ID REQ'D (1100 145 430) 730 1030

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IMAX THE DARK KNIGHT: THE IMAX EXPERIENCE (PG13)
4:00, 7:25

DIGITAL 3D

MY BLOODY VALENTINE 3D (R) 1:20, 4:00, 6:50, 9:30

INKHEART (PG) 1:15, 4:05, 7:00, 9:50

UNDERWORLD: RISE OF THE LYCANS (R) ✓ 1:10, 2:00, 4:00, 5:00, 6:35, 7:50, 9:15, 10:15

HOTEL FOR DOGS (PG) 2:10, 4:45, 7:20, 9:55

NOTORIOUS (R) 1:25, 2:30, 4:30, 5:30, 7:40, 8:30

PAUL BLART: MALL COP (PG) 2:40, 5:05, 7:35, 10:00

BRIDE WARS (PG) 2:15, 4:30, 7:15, 9:45

NOT EASILY BROKEN (PG13) 1:55, 4:25, 7:05, 9:40

THE UNBORN (PG13) 2:05, 4:20, 6:45, 9:10

BEDTIME STORIES (PG) 1:00, 3:30, 6:20

THE CURIOUS CASE OF BENJAMIN BUTTON (PG13) 2:50, 6:30, 10:10

MARLEY & ME (PG) 1:50, 4:50, 7:35

VALKYRIE (PG13) 1:40, 4:35, 7:30, 10:25

SEVEN POUNDS (PG13) 9:00 PM

AMC SELECT

REVOLUTIONARY ROAD (R) 1:30, 4:40, 7:45, 10:30

SLUMDOG MILLIONAIRE (R) 1:00, 3:45, 6:40, 9:35

THE WRESTLER (R) 1:05, 4:10, 7:05, 10:00

DEFIANCE (R) 1:45, 4:55, 8:10

LAST CHANCE HARVEY (PG13) 1:40, 4:15, 6:55, 9:25

GRAN TORINO (R) 1:35, 4:25, 7:10, 10:05

GRAN TORINO (R) 1:35, 4:25, 7:10, 10:05

THE READER (R) 10:20 PM

AMC COLUMBIA MALL 14

10300 Patuxent Parkway
1 (888) AMC-4FUN

THE DARK KNIGHT: THE IMAX EXPERIENCE (PG13) 3:40, 7:00, 10:20

INKHEART (PG) ✓ 1:45, 4:30, 7:15, 9:50

UNDERWORLD: RISE OF THE LYCANS (R) ✓ 2:15, 5:00, 7:30, 10:00

HOTEL FOR DOGS (PG) 1:50, 4:20, 7:05, 9:40

MY BLOODY VALENTINE 3D (R) 12:30, 3:05, 5:35, 8:10, 10:45

NOTORIOUS (R) 12:15, 3:15, 6:15, 9:15

PAUL BLART: MALL COP (PG) 12:35, 3:00, 5:20, 7:45, 10:15

BRIDE WARS (PG) 12:40, 2:55, 5:25, 7:50, 10:05

NOT EASILY BROKEN (PG13) 7:10, 9:35

BEDTIME STORIES (PG) 2:00, 4:40

THE CURIOUS CASE OF BENJAMIN BUTTON (PG13) 1:05, 5:05, 9:00

MARLEY & ME (PG) 1:30, 4:35, 7:20

VALKYRIE (PG13) 10:10 PM

AMC SELECT

DEFIANCE (R) 1:20, 4:25, 7:35, 10:40

GRAN TORINO (R) 1:40, 4:50, 7:40, 10:45

LOEWS GEORGETOWN 14

3111 K Street, N.W.
202-342-6441

DIGITAL 3D

MY BLOODY VALENTINE 3D (R) 2:40, 5:05, 7:40, 10:20

INKHEART (PG) 2:10, 4:50, 7:30, 10:15

UNDERWORLD: RISE OF THE LYCANS (R) 2:15, 4:45, 7:10, 9:40

PAUL BLART: MALL COP (PG) 2:55, 5:20, 7:45, 10:10

BRIDE WARS (PG) 1:00, 3:25, 5:45, 8:10, 10:25

BRIDE WARS (PG) 1:00, 3:25, 5:45, 8:10, 10:25

THE CURIOUS CASE OF BENJAMIN BUTTON (PG13) 6:40

VALKYRIE (PG13) 3:40, 10:15

AMC SELECT

FROST/NIXON (R) 1:05, 4:00, 6:50, 9:45

REVOLUTIONARY ROAD (R) 1:15, 4:05, 7:00, 9:55

SLUMDOG MILLIONAIRE (R) 2:00, 4:55, 7:50, 10:25

THE WRESTLER (R) 2:50, 5:30, 8:15, 10:30

DEFIANCE (R) 1:10, 4:15, 7:20, 10:20

LAST CHANCE HARVEY (PG13) 1:00, 3:20, 5:50, 8:20, 10:30

GRAN TORINO (R) 2:20, 5:10, 7:50, 10:30

THE READER (R) 4:25, 10:00

DOUBT (PG13) 1:45, 7:15

AMC POTOMAC MILLS 18

2700 Potomac Mills Circle, Ste 886
703-998-4262

IMAX THE DARK KNIGHT: THE IMAX EXPERIENCE (PG13)
1:00, 4:30, 8:00

DIGITAL 3D

MY BLOODY VALENTINE 3D (R) 3:00, 5:30, 7:55, 10:30

INKHEART (PG) ✓ 12:50, 3:40, 6:30, 9:20

UNDERWORLD: RISE OF THE LYCANS (R) ✓ 1:50, 4:35, 7:10, 9:45

HOTEL FOR DOGS (PG) 1:30, 4:10, 6:35, 9:05

NOTORIOUS (R) 1:10, 4:00, 6:15, 7:00, 9:15, 10:00

PAUL BLART: MALL COP (PG) 2:10, 4:50, 7:20, 9:50

BRIDE WARS (PG) 1:55, 4:20, 6:55, 9:10

NOT EASILY BROKEN (PG13) 2:00, 4:25, 7:05, 9:40

THE UNBORN (PG13) 2:20, 4:45, 7:15, 9:35

BEDTIME STORIES (PG) 1:20, 3:45

THE CURIOUS CASE OF BENJAMIN BUTTON (PG13) 12:45, 7:00

MARLEY & ME (PG) 12:55, 3:55, 6:40, 9:25

VALKYRIE (PG13) 4:15, 10:30

AMC COURTHOUSE PLAZA 8

Courthouse and Birch Rd.
703-998-4AMC

MY BLOODY VALENTINE (R) 2:00, 4:35 3D NOT AVAILABLE FOR THESE SHOWTIMES

PAUL BLART: MALL COP (PG) 2:30, 4:40, 7:00

BRIDE WARS (PG) 3:20, 5:40, 8:00

THE CURIOUS CASE OF BENJAMIN BUTTON (PG13) 7:10

AMC SELECT

MILK (R) 4:30, 7:20

FROST/NIXON (R) 2:10, 4:50, 7:40

THE WRESTLER (R) 3:00, 5:30, 8:10

DEFIANCE (R) 4:20, 7:30

THE READER (R) 2:20, 5:00, 7:50

MAGIC JOHNSON CAPITAL CENTRE 12

800 Shopper's Way, Largo
301-324-4220

INKHEART (PG) 1:10, 4:10, 7:10, 9:45

UNDERWORLD: RISE OF THE LYCANS (R) 12:35, 3:05, 5:35, 8:05, 10:20

HOTEL FOR DOGS (PG) 12:05, 2:25, 4:50, 7:20, 9:50

MY BLOODY VALENTINE (R) 12:05, 2:30, 5:00, 7:30, 10:00 3D NOT AVAILABLE FOR THESE SHOWTIMES

NOTORIOUS (R) 12:15, 1:15, 3:15, 4:15, 5:15, 6:15, 7:15, 8:15, 9:15, 10:15

PAUL BLART: MALL COP (PG) 12:40, 3:10, 5:40, 7:55, 10:05

BRIDE WARS (PG) 12:30, 3:00, 5:30, 8:00, 10:15

NOT EASILY BROKEN (PG13) 12:20, 2:50, 5:20, 7:50, 10:20

THE UNBORN (PG13) 1:30, 4:30, 7:00, 9:30

BEDTIME STORIES (PG) 12:10, 2:40

AMC SELECT

GRAN TORINO (R) 1:35, 4:35, 7:35, 10:10

LOEWS SHIRLINGTON 7

2772 South Randolph
703-671-0910 801

AMC SELECT

MILK (R) 1:40, 7:20

REVOLUTIONARY ROAD (R) 1:55, 4:50, 7:30

SLUMDOG MILLIONAIRE (R) 2:15, 5:00, 7:45

THE WRESTLER (R) 12:45, 3:15, 5:45, 8:15

THE READER (R) 1:45, 4:35, 7:15

WALTZ WITH BASHIR (R) ✓ 1:00, 3:30, 5:45, 8:00

DOUBT (PG13) 2:05, 4:40, 7:05

RACHEL GETTING MARRIED (R) 4:25

LOEWS UPTOWN 1

3426 Connecticut Avenue N.W.
1-800-FANDANGO #713

AMC SELECT

FROST/NIXON (R) 2:40, 5:30, 8:15

✓-SPECIAL ENGAGEMENT No passes or discount coupons



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Times for Tuesday, January 27, 2009

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Television

MARGARITAS AND MISTAKES: The location for the next season of "The Real World" is Cancun. The Mexico vacation destination will serve as the setting for the MTV show's 22nd cycle. There, the house mates will work with spring break resource site StudentCity.



Pageantry in Pampers

'Toddlers & Tiaras' is a disturbing peek into the stage moms' life

RUNWAY | Life is about choices. For one of the deranged stage mothers featured in the documentary series "Toddlers & Tiaras" (10 p.m., TLC), it comes down to the decision of whether to apply a spray tan to a 2-year-old.

Tonight's premiere episode covers a mother-daughter pageant in Austin, Texas, where the competitively glitzed-out moms are "in it to win it," while the daughters seem barely beyond toilet training. This doesn't stop their mothers from drenching them in hair spray and makeup. In Georgia, some of the girls have to be dragged down the runway, trailing tears in their wake.



A mother applies makeup to her tiny (and miserable-looking) daughter.

Shown without narration, "Toddlers" is not about judgment. The film's makers are certain its audience will provide more than enough of that.

It's difficult not to watch this 20-car pileup of twisted gender identity and not find your jaw dropping.

In an episode about Georgia pageants, a father on his way back to military service does worry about dressing up his 2-year-old like an adult. Make that a rather cheap-looking adult. But he appears to be the only one with misgivings. A flamboyant father in the Austin segment brags about being the pushiest pageant parent around. A mother from Georgia hides her bills from her husband when the price of one tiny gown approaches \$1,000.

And why are so many women in the supporting cast of this melodrama so obese? A Tilt-a-Whirl of female body imagery run amok, "Toddlers" dares its viewers to watch and not leave the room nauseated. **KEVIN MCDONOUGH** (UNITED FEATURE SYNDICATE)

ON TV TONIGHT

SCREECH A SONG

Auditions continue on **AMERICAN IDOL** (8 p.m., Fox).

GASTRONOMICAL SCORE!

Nine couples with little or no culinary experience battle it out over 14 weeks for the chance to own a new eatery on the second-season premiere of **LAST RESTAURANT STANDING** (8 p.m., BBC America), hosted by Raymond Blanc.

HACK THEM TO DEATH

A computer whiz devises a new killing device on **FRINGE** (9 p.m., Fox).

NUTS FOR GRIME

Adventures in the walnut trade on **DIRTY JOBS** (9 p.m., Discovery).

IT'S ALL ABOUT THE 'STACHE

The sketch-comedy series **THE WHITEST KIDS U KNOW** (10 p.m., IFC) enters its third season with a skit about the similarities between Adolf Hitler and Charlie Chaplin.

CALLED OUT

The squad confronts a crooked contrac-



Sketch comedy is the name of the game on "The Whitest Kids U Know."

tor on **LEVERAGE** (10 p.m., TNT).

IS IT MAGIC?

WRECKREATIONATION (10 p.m., Discovery) features a school bus unlike any you've ever seen.

MR. SCHRUTE HIMSELF

Jay Leno hosts Rainn Wilson, Paula Abdul and Hoobastank on **THE TONIGHT SHOW** (11:35 p.m., NBC). **KEVIN MCDONOUGH** (UNITED FEATURE SYNDICATE)

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My other dad never finished the eighth grade. Both men were successful in their careers, working hard all their lives. Both earned substantial incomes.

Yet my highly educated dad struggled financially all his life and the other dad would become one of the richest men I had ever known.

One died leaving tens of millions of dollars to his family, charities, and his church. The other left a legacy of unpaid bills. Both men were strong, charismatic, and influential.

Both men offered me advice, but they did not advise the same things.

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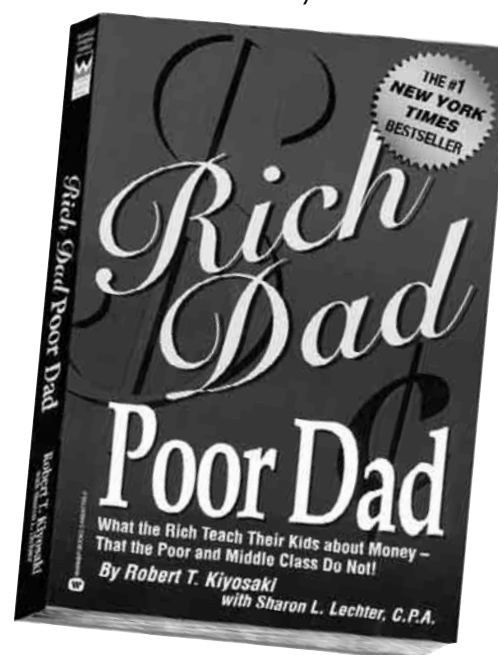
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My Rich Dad said,
"My Money Works For Me."

- Robert Kiyosaki



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The Album of the Brave

Guts and experience make the Killers' new record their best yet

TO READ a feature on the Killers' opening act, M83, visit Expressnightout.com

MUSIC | Since the Killers released their debut, "Hot Fuss," in 2004, they've become pop idols for preteens and soccer moms alike. But with the release of their third album, "Day and Age," the Killers have taken a slightly different direction. It's a distinctly Killers album — with heavy synth melodies, passionate vocals and creative hooks — but "Day and Age" is also more cohesive, passionate and complex.

Drummer Ronnie Vannucci said that when the band set out to write the album, it was able to approach it differently than its first two albums. "The main thing is we had a little more courage when it



The Killers' newfound courage led to a more complex vibe on "Day and Age."

came to writing songs — the textures in songs and instrumentation. The way the album sounds free and fun in parts is the result of us being

a little more brave," he said. "How you propel [the song], whether you make it into a reggae song or a slow jam, the most important part is that

there is a song in there."

A new album couldn't have come at a better time, either: Vannucci admitted that with only "Hot Fuss" and 2006's "Sam's Town" to play live, things could get a little dull. He added with a laugh, "It wasn't a big issue. Really, it was just, 'We really need to write more songs.'"

But Vannucci is also very clear that the focus for the band is the music — not fame or fortune, just happiness. "We gotta love playing [a song] in order to be playing it for the rest of our career. It would suck if we just put it out to make people happy. ... Nobody gets in a band and says, 'Hey, let's make some people happy and let's sell our soul.' Well, actually, there are a lot of people who do that, but we're not one of those bands."

KATHERINE SILKAITIS

→ *Patriot Center, 4500 Patriot Circle, Fairfax; with M83, Wed., 6:30 p.m., \$44.50; 202-397-7328.*

thescene



Kirsten Price has a voice that will fill DC9 to the brim on Thursday night.

WEDNESDAY

Thievery Corporation: D.C. musical gurus play in the District all weekend — but tickets are bound to be scarce. 9:30 Club, 815 V St. NW; 7 p.m., \$40; 202-265-0930. (U St.-Cardozo)

'Thirty-Two Kilos': This exhibit uses photographs of digitally narrowed models to display the extremes of anorexia. Goethe-Institut, 814 Seventh St. NW; through March 6, free; 202-289-1200. (Gallery Place)

THURSDAY

Kirsten Price: Soul music via a British belter who is not Amy Winehouse. Sorry, didn't mean to mention Amy Winehouse. DC9, 1940 Ninth St. NW; 9 p.m., \$10-\$12; 202-483-5000. (U St.-Cardozo)

'Dancing With the Stars': Do you like the show? Shame on you. Also, your dream has become reality. Verizon Center, 601 F St. NW; 7:30 p.m., \$52.50-\$225; 202-628-3200. (Gallery Place)

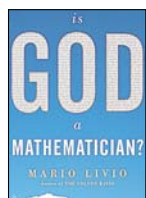
'Mozart Dances': Mozart is the inspiration for these modern dances, but the Mark Morris Group ensures that Wolfgang's not the only virtuoso making an appearance. Kennedy Center, 2700 F St. NW; 8 p.m., \$22-\$65; 202-467-4600. (Foggy Bottom)

FRIDAY

'The Cherry Orchard': The Washington Shakespeare Company takes on Chekhov's masterpiece about wealthy yet miserable Russians. Clark Street Playhouse, 601 S. Clark St., Arlington; 8 p.m., \$25-\$50; 800-494-8497. (Pentagon)

Explore our searchable list of the area's events, venues, restaurants and movies at Expressnightout.com/thescene.

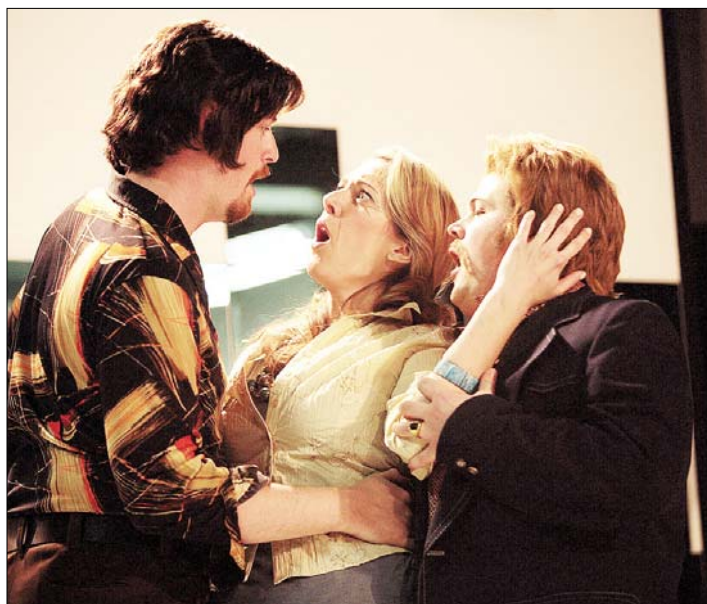
topstops



Science and Religion

Want to know more about the universe? Mario Livio is the guy to tell you about it.

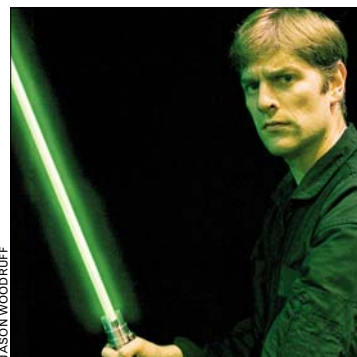
He's an astrophysicist at the Hubble Space Telescope Science Institute, and he can tell you all about religion, mathematics and the cosmos — and how they intersect. He contends that mathematicians have often visualized things in the abstract that later were essential to scientific discovery, which, in turn, led him to wonder (understandably) — "Is God a mathematician?" He then wrote a book, with that question as its title, in which he attempts to answer it along with other mind-boggling queries. F.Z. → *Ripley Center, 1100 Jefferson Drive SW; 6:45 p.m. \$13-\$25; 202-633-1000, Residentassociates.org. (Smithsonian)*



It's Not the 'Phantom'

Let's play a little word association game. Ready? "Opera." Some of you thought "Phantom," didn't you? Don't be ashamed; the guy sitting next to you listening to his iPod can't read your mind. We realize opera can be intimidating for the uninitiated, but do it for the children — or, for the teenagers. The Washington National Opera's Domingo-Cafritz Young Artists Program features talented youth belting out opera classics tonight. K.C.

→ *Kennedy Center, 2700 F St. NW; 6 p.m., free; 202-467-4600. (Foggy Bottom-GWU)*



The Force Is Strong

Recently, in a galaxy not too far away, something peculiar happened: "Star Wars" slipped into mainstream acceptance. Gone are the days when closeted "Star Wars" fanatics skulked to conventions with their Obi-Wan Kenobi-loving peers. Why, one of our colleagues even has a light saber stashed under his monitor. So, will you see some Han Solo groupies hanging out at Charles Ross' "One-Man Star Wars Trilogy" show at the Birchmere? Probably. But you'll also just see a bunch of average Joes and Janes. K.C.

→ *Birchmere, 3701 Mt. Vernon Ave., Alexandria; 7:30 p.m., \$35; 703-549-7500.*



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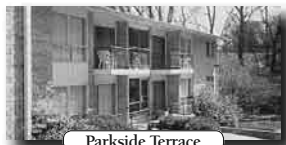
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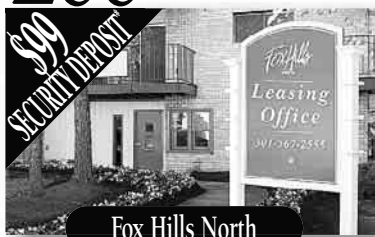
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“It’s a village here, full of life and very specific life forms.”

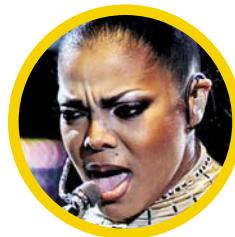
YVES CAMARET, EIFFEL TOWER WORKER



PARISIAN PERSPECTIVES: An electrician works atop the Eiffel Tower, left, in Paris. More than 500 people work within and help maintain the 119-year-old structure.

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PHOTOS BY JACQUES BRINON/AP



suicides — one jumper a year on average, Camaret said. The last was a man who leaped to his death early last year, he said.

Designed by the tower’s architect and namesake, Gustave Eiffel, the visitors elevators were installed in 1899 — 10 years after the tower opened. Together with the more modern elevators that go up to the 905-foot-high summit observation deck, they travel more than 62,000 miles up and down each year.

To replace spotlights, technicians don mountain-climbing gear to scale iron crossbeams.

The wear and tear takes its toll. A restoration is under way to replace all the pieces of one of the aging hydraulic motors. Exact copies of each and every original gear, wheel and screw are being cast in foundries in France and Germany, for \$28 million, said Eric Trahand, from the elevator maintenance team.

Aside from visitors, everything else goes up and down on a modern electric elevator.

It takes a team of 30 painters working full time over 18 months to spruce up the tower with a fresh coat of its signature bronze paint.

Even changing a light bulb becomes a major production.

To replace one of the 360 spotlights, specially trained technicians don mountain-climbing gear to scale the iron crossbeams. Working in pairs for safety, they are fastened by nylon climbers’ cords to the structure at all times, with their tools strapped to their belts to prevent accidents.

“If you drop something, anything, even a thing as small as a screwdriver can kill,” said electrician Henri Pellier, 44, who has worked at the Tower for 14 years.

JENNY BARCHFIELD (AP)

Monumental Undertaking

Tourism

Hundreds of workers ensure Paris’ Eiffel Tower looks its best

A model of refined simplicity on the outside, the iron lady that symbolizes Paris is a complicated piece of work inside her elegant A-line figure.

Custom-fitted pumps, heaters and long-life bulbs keep the 119-year-old Eiffel Tower working and sparkling, while industrial-sized cogs, gears and cables spin, bump, grind and purr deep inside

the structure’s innards, in places no tourists see.

Caring for the monument’s hidden core is a daunting, sometimes dangerous task that goes on out of sight but keeps the tower looking its picture-postcard best. More than 500 people — from welders and plumbers to security guards and cooks — work within the structure.

“It’s a village here, full of life and very specific life forms,” said Yves Camaret, technical director of the company that runs the tower, as he led The Associated Press on a tour of its many no-go areas.

Cavernous basements tucked beneath the tower’s legs house massive, hydraulic motors that

power the two visitors elevators. Descending the spiral staircase into the “fosse,” or pit, is like stealing onto the set of “Modern Times,” Charlie Chaplin’s 1936 vision of industrial society. Oversized cogs spin slowly, gears painted vibrant primary colors chug, and metal cables with the circumference of a dessert plate uncoil and recoil like anacondas.

A 1,000-gallon tank full of water, which was once pumped in from the nearby Seine, provides the counterbalance needed to hoist the roughly 18,000 visitors per day up to the 377-foot-high second-level landing.

The motor’s myriad clanking parts need frequent oiling, and

workers inspect them daily. Even a short, half-hour breakdown of one elevator can double the lines of visitors.

The company that manages the tower had a net profit of \$1.82 million in 2007. The money goes back to its shareholders, which include the city of Paris.

The tower draws about 7 million visitors annually, making it one of the world’s top tourist attractions and a potential target for terrorists, though so far only in fantasy, as in the 1980 movie “Superman II.”

“It’s a symbol; therefore it’s a target,” said Camaret. The tower’s security detail is “extensive,” he said, declining to give details.

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CD REVIEW

Playing Pepper

Prolific Red Hot Chili Peppers guitarist John Frusciante is back with another solo album, "The Empyrean." But compared to some of his recent efforts, which can feel dashed off, Roxana Hadadi writes that this new CD is a complex concept record that's beautiful and all-encompassing. | ONLINE NOW



MUSIC

Pretty in Pink

M83's Anthony Gonzalez didn't come to love the '80s until 1994. That's when—as a 14-year-old in France—he discovered the music and films that influence his shoegaze-synth sound. M83 opens for the Killers on Wednesday, and Rudi Greenberg spoke to Gonzalez about his Breakfast Club. | ONLINE NOW

CD REVIEW

Faithfully

Depending on how much you like him, Duncan Shiek's new CD, "Whisper House," might seem like either a case of artistic integrity or a bout with artistic paralysis. But Tony Sclafani writes that after a few spins, Sheik's talent is as clear as his music is consistent. | ONLINE NOW



poll center

YESTERDAY'S RESULTS AS OF 5 P.M.

SHOULD COMPANIES REFRAIN FROM MAKING TOYS RESEMBLING THE OBAMA CHILDREN?

YES 75%

NO 25%



"Until the Obama girls do something to suggest the contrary, I would assume they'd make pretty good role models for little girls; so, I don't see a problem with dolls being made in their likeness."

COMMENTER DEN HOLLINDEN, RESPONDING TO MONDAY'S POLL CENTER QUESTION, "SHOULD COMPANIES REFRAIN FROM MAKING TOYS RESEMBLING THE OBAMA CHILDREN?"

“Would the girls

have the right of refusal over their images and earn royalties from the sales? If so, and they and their parents are in agreement, then, yes."

COMMENTER DIOGENES, WHO ADDED, "IF NOT, THEN WHAT THE HECK ARE PEOPLE THINKING?"

“No. I mean, it's a bit

weird, but the Olsen twins grew up, so there has to be a void in the child exploitation market."

COMMENTER TIM, WHO ADDED, "BESIDES, HAVING AN ACTION FIGURE OF MYSELF AT THEIR AGE WOULD HAVE BEEN FUN. HECK, HAVING [ONE] NOW WOULD BE EVEN BETTER!"

SEE HOW YOUR METRO STATION VOTED AT EXPRESSNIGHTOUT.COM/POLLCENTER

Blog LOG

"Anyone who owns an exotic pet knows that names like Spot or Fluffy do not fit the bill. So, where do you go for good ideas on pet names?"

GODZILLACHAI.BLOGSPOT.COM IS HAVING SOME TROUBLE COMING UP WITH A REASONABLE NAME FOR AN EXOTIC PET SUCH AS A SNAKE, TARANTULA, LIZARD OR FERRET.



MIKE ZARRILLI/GETTY IMAGES

"Even at his age, he is probably better than all the current projected rotation [players], except possibly Daniel Cabrera."

THEDCSPORTSPAGE.COM LIKES THE FACT THAT THE WASHINGTON NATIONALS ARE CONSIDERING SIGNING 42-YEAR-OLD TOM GLAVINE TO THE TEAM, REUNITING HIM WITH EX-BRAVES EXEC STAN KASTEN.



"I walked out the door and ran into my neighbor. I almost shouted 'It's snowing!' in his direction. But in my embarrassment, just looked up to the sky and grinned. He grinned back."

007INAFRICA.BLOGSPOT.COM HAS NO SHAME IN POINTING OUT HER CHILDLIKE OBSESSION WITH SNOW, AFTER THE REGION WAS DUSTED WITH SOME ON MONDAY.

I'M HOSTING a book club gathering next week. I was wondering whether chicken and rice is appropriate. Plus, what type of wine to serve: red or white? It's a chicken and rice recipe with a tomato-based sauce. Would it be bad to serve both?"

COACHPURSESANDSTARWARS.BLOGSPOT.COM HAS MYRIAD QUESTIONS BEFORE HOSTING THIS SHINDIG, INCLUDING WONDERING WHICH KIND OF DESSERT TO SUPPLY.

Discussions

Super Bowl Week

Washington Post NFL columnist and blogger **MARK MASKE** was online from Tampa Monday, and took questions and comments about this weekend's Super Bowl.

How does Tampa compare to the other host cities you've been to? And when is D.C. going to get its chance to host?

For my purposes, it's a perfectly acceptable host city. The weather is good. Everything is not so spread out like last year in Phoenix, where it took forever to get from one venue to another. We'll see how it goes later in the week when the crowds get big, but I would guess most people will be happy with Tampa as the host city.

Any idea on how much the Super Bowl ticket scalpers are getting this year? I would assume the demand is there from the Pittsburgh fans and probably not so much from the Arizona side. With the economy the way it is, it must be a tough sell. I have seen some reports saying that the secondary ticket market is down 35 to 40 percent. I have no firsthand knowledge of this, but those are the numbers I recall seeing reported last week.

How can any Redskins fans root for the Cardinals? We're still bitter about the Mel Gray "catch." Of course, who can root for the Steelers and their obnoxious fans?

There are a lot of D.C. connections with the Cardinals. Bill Bidwill, the owner, and his son Michael, the team president, both went to school in Washington. On the coaching staff, Ken Whisenhunt

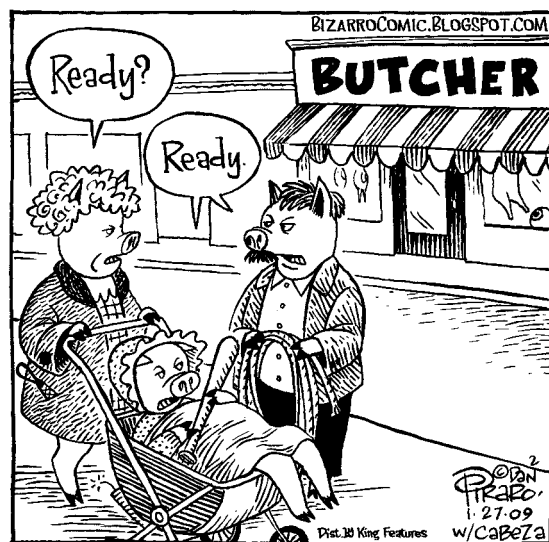
and Russ Grimm both played for the Redskins. Among the players, Tim Hightower and Darnell Dockett are from the area.

Regarding the poster who asked, "When is D.C. going to get its chance to host" the Super Bowl: not in this lifetime, as long as they play the game in early February and D.C. has an open-air stadium in Prince George's County.

If there would ever be a Super Bowl awarded to a cold-weather city without a domed stadium, my guess is that it would go to New York before it would go to Washington. Without a doubt, Dan Snyder would love to have a Super Bowl in D.C.

TODAY ON DISCUSSIONS: Post music critic J. Freedom du Lac talks about Bruce Springsteen's lackluster latest effort and what he might play at the Super Bowl, and the pop music landscape at 2 p.m. | washingtonpost.com/discussions.

Bizarro | *Dan Piraro*

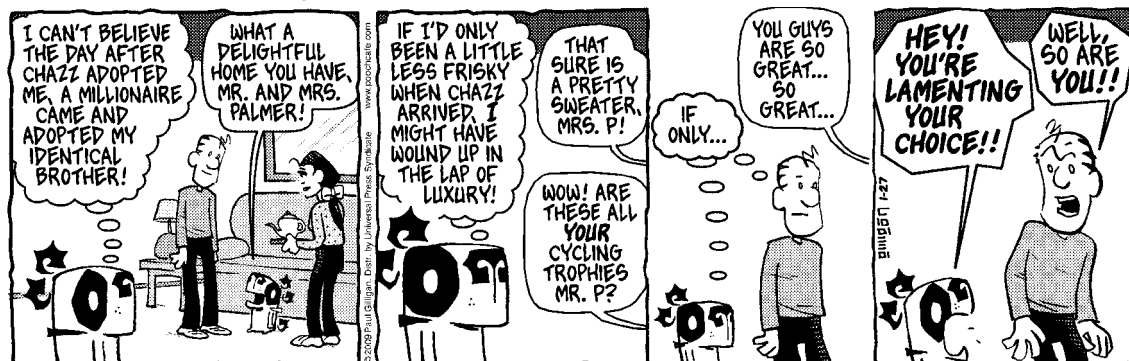


EMBOLEDENED BY THEIR DEFEAT OF THE BIG BAD WOLF, THE 3 PIGS WORK THEIR WAY DOWN THE "BIG BAD" LIST.

Cornered | *Mike Baldwin*



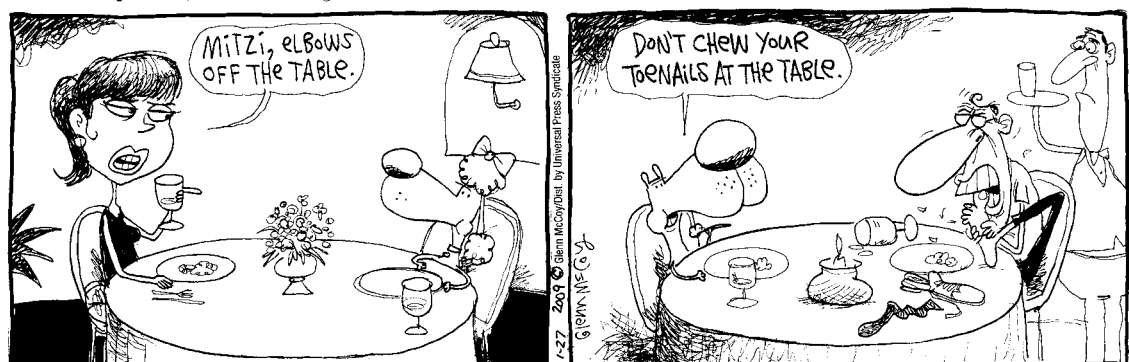
“See? You missed one. When you pull the plug, be sure to pull them all.”

Pooch Cafe | *Paul Gilligan*

Pearls Before Swine | *Stephan Pastis*



The Duplex | Glenn McCou



Horoscope

By Stella Wilder

AQUARIUS (Jan. 20-Feb. 18) You may feel as though something is holding you back, and you have not enjoyed the rewards you were expecting. Explore options.

PISCES (Feb. 19–March 20) Your versatility and ability to function well in almost any situation can serve you quite well. Seek an outlet for new creativity.

ARIES (March 21-April 19) You are building up quite a head of steam at this time, and the momentum gained can serve you well almost immediately.

TAURUS (April 20-May 20) New leadership can have you thinking of new ways to get things done and help those around you who do not know how to help themselves.

GEMINI (May 21-June 20) You'll want to be on the move, chasing those dreams and keeping the wheels oiled and turning. A standstill can be disastrous.

CANCER (June 21-July 22) You are feeling motivated and determined, and it's a

good thing, too. Opportunity is knocking and waiting for you to answer, surely.

LEO (July 23-Aug. 22) The news you receive from a friend or family member may prove sobering. Personal reflection can be quite beneficial to you at this time.

VIRGO (Aug. 23-Sept. 22) You'll want to surround yourself with those who are excited about a current project. Say no to the naysayers, and cut them loose.

LIBRA (Sept. 23-Oct. 22) You may run headlong into a problem associated with a past romantic entanglement. Remember, the past is the past — period.

SCORPIO (Oct. 23-Nov. 21) The social scene may prove a welcome distraction, but that's all. Remember that you have some very serious business to attend to.

SAGITTARIUS (Nov. 22-Dec. 21) Willpower and the ability to steer any course despite the prevailing winds will help you remain clear of dangerous obstacles.

CAPRICORN (Dec. 22-Jan. 19) You'll want to be directly involved in things as they develop. You're in no mood to remain on the sidelines.

Letters

Gaza Story Was One-Sided

I THOUGHT your article “Counselors: War Scars Gaza Youth” (Jan. 26) was extremely one-sided and biased. Nowhere is there a mention of the children of Sderot and surrounding communities in

—HARRIS COHEN
Silver Spring, Md.

WRITE TO EXPRESS: Include name, hometown and telephone number. Submissions may be edited. E-mail to inbox@readexpress.com or mail to Express Letters, PO Box 17370, Arlington, VA 22216.

Today in History

1756 Composer Wolfgang Amadeus Mozart is born in Salzburg, Austria.

1945 Soviet troops liberate the Nazi concentration camps Auschwitz and Birkenau in Poland.

1951 An era of atomic testing in the Nevada desert begins as an Air Force plane drops a 1-kiloton bomb on Frenchman Flat.

1967 Astronauts Virgil I. "Gus" Grissom, Edward H. White and Roger B. Chaffee die in a flash fire during a test aboard their Apollo spacecraft at Cape Kennedy, Fla.



Kerry won the N.H. primary five years ago.

1973 The Vietnam peace accords are signed in Paris.

2004 Massachusetts Sen. John Kerry wins the New Hampshire Democratic presidential primary.

PostPoints DAILY CODE Z L

LOOKout People



In 2016: the Jolie-Pitt Family Singers.

TOO FAR
We Know Coin Collectors Who Average Less Than That
At the SAG Awards Sunday night, both **BRAD PITT** and **ANGELINA JOLIE** made separate comments alluding to the fact that they were ready for another child. “We average about two a year, so I guess we’re overdue, aren’t we?” Pitt said. (EXPRESS)

ADAPTATIONS
Wanted: Dancers With Mastery of the Claw Hand
Producer **JAMES L. NEDERLANDER** says he has acquired the rights for a stage version of **MICHAEL JACKSON**’s iconic “Thriller” video. The show will include songs from two albums, “Thriller” and “Off the Wall.” (AP)

expressnightout
→ Find the latest celebrity news and photo evidence of stars’ sordid lives at WWW.EXPRESSNIGHTOUT.COM.



EXCUSES
Rock Without Her
JANET JACKSON has postponed her “Rock Witchu” Japan tour next month because of the global financial crisis. Japan concert organizer Kyodo Yokohama said Monday Jackson would postpone five concerts in Japan “due to the impact of [the] economic crisis.” The singer canceled seven performances in the United States in the fall because of a bout of vertigo. (AP)



TRUTH
No One Is More Disappointed Than Her Next of Kin
A lawyer for **ZSA ZSA GABOR** says the 91-year-old actress may have lost as much as \$10 million invested with accused swindler **BERNARD MADOFF**. Forensics accountants looking into the missing millions think they were invested with

Heirs to the Gabor throne will get paper crowns.
Madoff through a third-party money manager. The loss was noticed about a week ago when Gabor’s husband, Frederic von Anhalt, was checking on the couple’s finances. Madoff is estimated to have duped investors out of as much as \$50 billion. (AP)

EXPECTING
Pretty Bloated in Pink
MOLLY RINGWALD is pregnant with twins, the second and third children for Ringwald, 40, and her husband, Panio Gianopoulos. The couple welcomed their first child — daughter Mathilda Ereni — in late 2003. Ringwald is starring in ABC Fam-

ily’s “The Secret Life of an American Teenager,” a series about a family dealing with a plethora of issues (like pregnancy) with their high school-aged child. (EXPRESS)

FRIENDSHIP
Simon Waits Patiently for A Violent Catfight to Erupt
Is “American Idol” better off with a fourth judge? **PAULA ABDUL** thinks so. She told Usmagazine.com that she and new judge **KARA DIUGUARDI** used to be roommates and remain good friends. “And that bugs Simon,” Abdul added. “So, it’s good for me.” (EXPRESS)

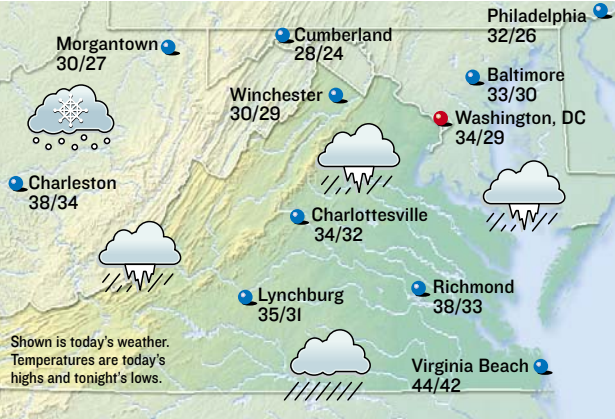


“OMG! We’re BFFFFFFF!!!!!!”

5 Day Forecast for the Washington Area

Today	Tonight	Wednesday	Thursday	Friday	Saturday
A little snow	Ice early, then rain	Rain	Partly sunny	Partly sunny	Partly sunny
34°	29°	40° / 26°	39° / 27°	41° / 26°	42° / 30°

Regional Weather



Almanac

Washington, D.C., through 4 p.m. Mon.
Temperature
High 30°
Low 25°
Normal high 43°
Normal low 27°
Average humidity 57%

Precipitation

24 hours ending 4 p.m. Trace
Month to date 2.02"
Normal month to date 2.71"
Year to date 2.02"
Last year to date 1.31"
Normal year to date 2.71"

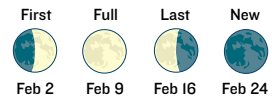
For up-to-the-minute weather, see: washingtontimes.com/weather

Regional Forecast

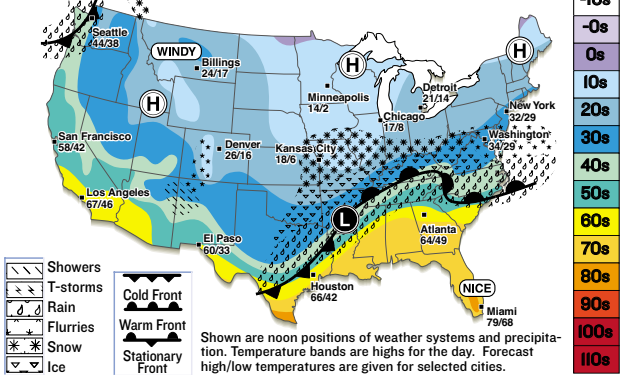
D.C. Metro: Today, cloudy, cold, a bit of snow. High 34. Wind east 4-8 mph. Tonight, snow, sleet. Low 29. Wind east 4-8 mph.

Sun and Moon

Sunrise today 7:19 a.m.
Sunset tonight 5:24 p.m.
Moonrise today 7:58 a.m.
Moonset today 6:56 p.m.



National Weather for Tuesday, January 27



National Cities

City	Today	Wed.
Atlanta	64/49/c	58/36/r
Boston	28/21/s	31/22/sn
Chicago	17/8/sn	22/17/pc
Dallas	35/27/i	46/32/pc
Denver	26/16/pc	46/18/pc
Honolulu	74/59/pc	77/64/sh
Los Angeles	67/46/s	73/48/s
Miami	79/68/pc	82/67/pc
New York City	32/29/sn	37/25/sn
Orlando	78/58/pc	81/60/pc
Seattle	44/38/r	46/37/c

World Cities

City	Today	Wed.
Amsterdam	41/33/s	40/33/r
Athens	62/47/c	58/51/pc
Berlin	36/25/pc	36/27/s
Buenos Aires	82/68/sh	82/70/pc
Calgary	28/19/pc	28/17/s
Dublin	46/37/sh	45/39/pc
Geneva	41/27/c	41/30/pc
Moscow	36/30/sn	36/30/sn
Rome	56/39/sh	52/39/c
Sydney	79/66/r	81/68/s
Tokyo	52/37/pc	54/39/c

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

LOOK out

CROSSWORD | WHO'S THE BOSS?

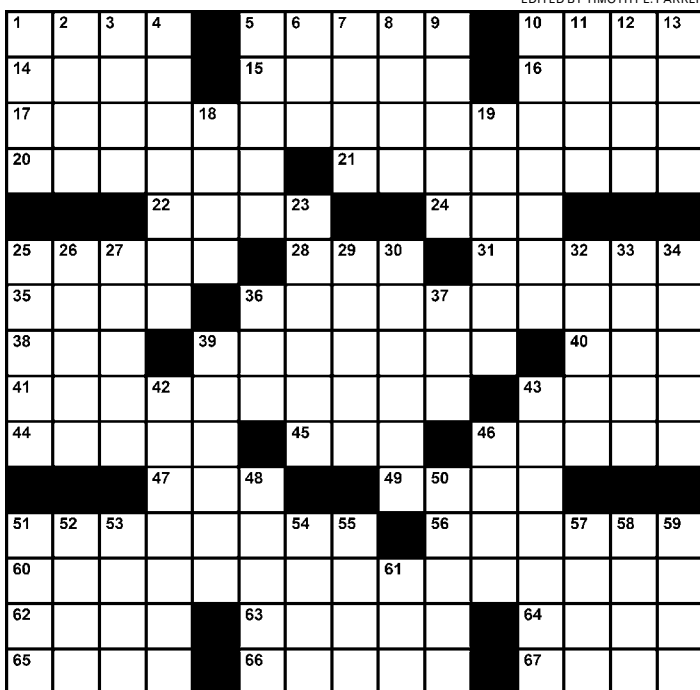
ACROSS

1 Shipping and handling, for instance
5 Famously temperamental singers
10 Bandy words
14 ____ podrida (hodgepodge)
15 Yet to be sworn in, as a politician
16 First name in fragrance
17 Be bossy
20 Affront
21 Hippocampus
22 Group of playmates?
24 "The Little Red Book" author
25 Certain parcels of earth
28 Sancho Panza's mount
31 Raindrop sounds
35 Readied some beds
36 Be bossy
38 It's said to be wise
39 Took pleasure in
40 Jenny in "Love Story"
41 Be bossy
43 Cholera
44 It's full of hot air
45 Peoria-to-St. Louis direction
46 Engage canines?
47 "Hm, I don't know"
49 Exile of 1979
51 Liqueur choice
56 Get one's juices flowing
60 Be bossy

62 Mutt on the comics page
63 Soapy role of note
64 It may come before the fall
65 Some dolls
66 Bit more than a quart
67 Word used to calm people down

DOWN

1 Points of convergence
2 Ardor
3 Right-angle fittings
4 Had a general reaction
5 Atlanta-based airline
6 One way to be advised?
7 Cat scanners?
8 Symptom for a dentist
9 Fulton's power
10 Grouper groups
11 Hood's beneficiaries (with "the")
12 Play makers?
13 Lancastrian symbol
18 Hoppy hour drinks?
19 Like topiaries
23 Delicate purples
25 Get ____ of (obtain)
26 Crouch in fear
27 Pass along
29 Winter blankets?
30 They might be drawn
32 "My Friend Flicka" author
33 Danzig natives
34 Sound of a perfect



EDITED BY TIMOTHY E. PARKER

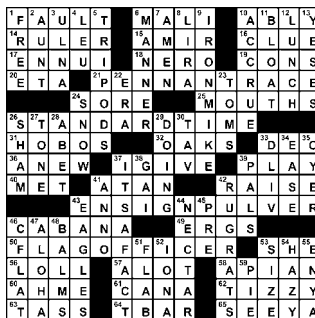
jumper

36 Halftime cry
37 Word repeated by Fat Albert
39 Kind of theater
42 College conferrals
43 Where some promotions occur
46 Vestments
48 Drew's great-aunt
50 Bearded comics character
51 Hog-wild
52 Unmasked, as an undercover cop

53 Having the same properties
54 Susan on "Desperate Housewives"

55 Column of a lifetime
57 Letters where Jackie Robinson lettered
58 They may be involved in a spill
59 Annual athletic award
61 Chilling pieces?

Yesterday's Solution



SUDOKU | MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. See www.sudoku.com for solution, tips and computer program.

Need more Su[do]ku?

Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

Yesterday's Solution

2	8	3	7	4	6	5	1	9
9	6	5	3	8	1	2	7	4
7	4	1	5	2	9	6	3	8
8	3	4	9	6	2	7	5	1
1	7	9	4	3	5	8	6	2
6	5	2	1	7	8	9	4	3
5	9	7	2	1	4	3	8	6
4	2	8	6	5	3	1	9	7
3	1	6	8	9	7	4	2	5

		6					7	
3				4				2
	9			8		3		
	3							9
2			7	1	5			8
6							5	
		5		3			1	
7			1					3
	8					4		

© PUZZLES BY PAPPOCOM

Are you controlling your DIABETES...

Do you suffer from type 2 diabetes and have trouble controlling your blood sugar levels even with the help of diet and exercise, with or without medication? You may want to consider participating in EMERGE—an international clinical research study exploring an investigational medication for type 2 diabetes.

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"Dear Manolo"

Shoe blogger answers questions!

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'BIGGEST LOSER' TRAINER BOB HARPER HAS WAYS TO KEEP YOU AWAY FROM THAT AFTERNOON SNACK **E6**

BaggageCheck

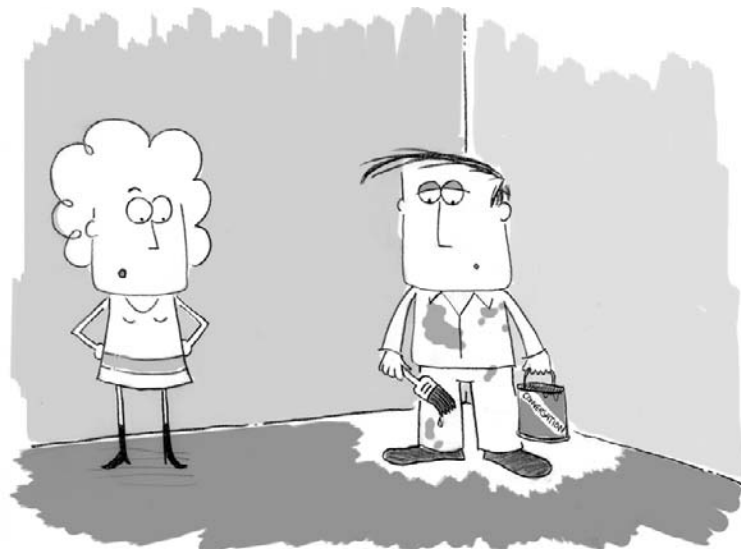


GOT ISSUES? DR. ANDREA BONIOR WILL HELP YOU SORT THEM OUT

White Lies Add Up to a Big Deal

Q I'm pretty sure that my boyfriend of three months is lying about some things. They're not deal-breakers, but I don't know why he lies about them. The first was about where his brother worked. My friend's boyfriend works at the same place, so when I pressed for more details, my boyfriend clammed up and I later found out from my friend there's no such person there. The other big one was about his playing a certain sport for his college. I can find no record of that online. I like him a lot, but if I can't trust him about the little things, how will I ever trust him about the big things? — UNSURE

In short, you're right — you can't. Trust generally isn't a la carte.



ERIC REECE

But your relationship is new, and nerves can be a factor — perhaps he painted himself into a conversational corner. Without knowing how these tales came out, it's difficult for me to say what degree of concern you should have. Is there the possibility

that his brother used to work at said place, or works at a different site or happens to be in the Witness Protection Program? Might it be that his ping-pong or touchdown prowess was seen only in the halls of his frat but still got accolades?

Regardless, it's a form of dishonesty. So, level with him. Bring up the starkest example of a discrepancy between what he's said and what you've seen (but don't make it look like you hired a private investigator). Say you're just trying to figure things out because you feel like you've misunderstood him. Then give him a chance to explain. But if a month from now he's waxing poetic about shooting hoops with President Obama, then you'll know that things don't look good.

How to Really Live the Dream

Q I am so curious to hear a psychologist's perspective on "The Secret" — the idea that, based on the Law of Attraction, if you visualize the positive, you can attract it to happen. My friend swears by it. — CURIOUS

You're not a plant, are you? Some-

one who was told to inquire about this to get smoke to come out of my ears?

Optimism is great. Visualizing a satisfying future is motivating. But it's all based on the psychological and physical activity generated by, and for, the individual — not the cosmos. Setting goals, planning ways to reach them and then acting on those goals are what make things happen. Yes, staying positive can improve your mood and immune system, and perhaps set off a chain reaction that appears a bit beyond conscious control. But thoughts alone can't fill your room with gold bullion (or that cutie from the accounting department).

Besides, the only Law of Attraction I know that's actually real is the one involving lone black socks and the netherworld of my dryer.



Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D., at baggage@readexpress.com. This column is not a substitute for one-on-one care.



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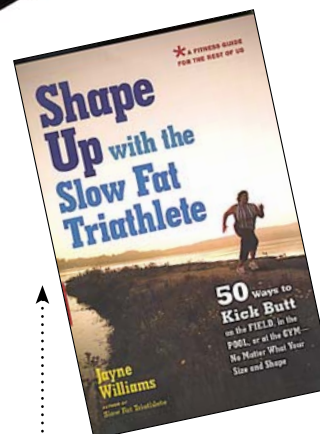
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GUINEA PIG



In the Soup

■ We have a former co-worker who liked to crack open cans of Progresso and start slurping up her chicken noodle soup cold at her desk. That always sort of grossed us out. But somehow, we're not bothered at all by the concept of Cool Soup (\$2.99, Yes! Organic Market), which delivers gazpacho, creamy mango spice and carrot bisque in twist-top bottles. Just chill and your appetizer is served.

The lack of an ick factor probably comes from the fact that they're noodle-free and not too thick, so they're more like vegetable juice than a traditional soup (although the nuanced seasoning reminds you that you're not chugging a V8). That also helps with their nutritional numbers — 60 to 110 calories per serving and super-low sodium levels (mango has just 15 mg).

But while Cool Soup might sound refreshing in July, in these temperatures, something hotter would be more appealing. And that's just about the only downfall of these cute bottles: They caution, "Do not heat container in microwave." VICKY HALLETT (EXPRESS)



CRUNCH TIME

The 100-calorie pouch craze was so last year. Special K Crackers (\$3.69, grocery stores) are ushering in the 90-calorie-per-serving era with crunchy, savory Italian Tomato & Herb and Multigrain treats. We've tasted the future — and it's remarkably like Wheat Thins. But we didn't miss those extra 10 calories.



EAR WE GO

No more tilting your head and shaking it like a ketchup bottle. ClearEars (\$5.99, Cirrushealthcare.com) are squishy earplugs that promise to suck the water out after a dip to prevent infections. Then use them to help your gardening: Cut them up and add them to soil to keep it moist.



IN A SLUMP

Take a stand — up straight — with the Opedix PS Posture Shirt (\$99.95, Opedix.com). The tight tee (available for men and women) keeps your spine aligned to reduce pain, improve mobility and keep you looking sharper (albeit like a star of a Sci-Fi television series).



SIZE IT UP

Unlike other fitness guides, "Shape Up With the Slow Fat Triathlete" (\$15.95, DaCapo Press) realizes you might not want to wear spandex, but author Jayne Williams explains why you should — along with other ways to make exercise more enjoyable no matter your size.



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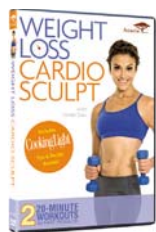
Look for site highlights in today's Express.

BODYTALK



COURTESY ACACIA

Double-Timing



■ Fat, meet your match: fitness guru Violet Zaki. The ExerciseTV star is ready to take you on with her newest DVD, "Weight Loss Cardio Sculpt" (\$15, Acaciacatalog.com), which fries calories by alternating between heart rate-raising intervals and toning moves. "We're killing two birds with one stone," she declares.

Actually, make that three — Zaki also doubles up on the sculpting exercises, so there's a simultaneous challenge for two muscle groups. For example, she pairs hip bridges (which target your rear end) with dumbbell flies (which target your chest).

"The body is working harder to multitask," she explains. "And most of the moves incorporate balance, which strengthens your core." Plus, all of those combos manage to save time, so each of the two 20-minute workouts is plenty grueling.

But to really slim down requires some heavy lifting in the kitchen, too. Just sweating along with the DVD should have some effect, Zaki says: "When you work out, you release endorphins that give you a sense of well-being, so you'll stop and think about what you're putting in your mouth."

If you're not sure what that should be, take a look at the included booklet from Cooking Light with tips and five recipes. "The message is that exercise and eating right go hand in hand," Zaki says.

Just make sure one of those hands is holding a dumbbell. VICKY HALLETT (EXPRESS)



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Dig Into This Trail Mix

Take advantage of outdoor paths to find the way to a fitter, hotter body

Hiking trails are good for more than a challenging outdoor walk. The uneven terrain forces the body to use more stabilizing muscles in the abdominals and back, which improves balance and strengthens the core. Sprints or walking fast uphill puts you into an anaerobic zone, which taxes the muscles and benefits the cardiovascular system. We took to some trails in the San Gabriel Mountains near Los Angeles with trainer Keli Roberts (Keliroberts.com). The exercises she suggests are suited to any basic hiking trail — just remember to always keep an eye on the ground while moving.

Hill skip repeats

The hill skip is an exaggerated skipping movement in which the knee and opposite arm drive up as high as possible during the jumping portion. Go for height, not distance. Done on an incline, the skip is a plyometric (high-intensity, explosive motion) and anaerobic move that develops strength and speed. It also targets the calves, glutes, hamstrings and quads, and some shoulder and latissimus dorsi (lat) muscles. Core muscles also are affected as the body strives for balance.

Uphill walking lunges

Take walking lunges out of the gym and put them on a hill, and suddenly this already challenging exercise becomes super-tough. "It's a complete exercise for the lower body" that targets hamstrings, quads, glutes and inner thighs, Roberts says. It conditions the ankles and feet when

the body tries to right itself on an uneven surface. In the lunge position, keep knees at a 90-degree angle, and don't rush the movement — stabilize the body before pushing off.

Hill sprints

Repeated sprints uphill followed by rest periods improve cardio function and work the leg muscles. Choose a navigable path about 50 meters long from the flat to the crest of the hill. Go for maximum speed, pumping your arms as you go. Walk down the hill to recover completely — about two minutes — before sprinting again. Once you feel yourself flagging during the run, stop.

Incline push-ups

These are easier than regular push-ups but still provide good upper-body conditioning. Find a sloping wall or embankment and place both hands on the wall at shoulder

height. Lower your chest toward your hands, keeping your elbows out and the body aligned from head to toe. This move works the triceps, upper back, shoulder and chest muscles, and abdominals. Lifting one leg during the movement engages more of the core.

Double-leg stretch

This core-strengthening move borrows from Pilates and can be done on top of a picnic table, flat bench or rock. Begin by lying face up, with your arms and legs tucked in toward the torso. Extend arms and legs out at the same time, keeping them off the table. Exhale on the extension, then inhale as the arms and legs are brought in. The head and neck are lifted but not strained — beginners can keep their head on the table. The trunk is held still during the movement, and all core muscles in the abdomen and back are engaged.

Uphill lateral squats

Up the ante on this popular exercise by traveling sideways on a hill. This engages major leg muscles, including inner and outer thigh muscles and glutes. Keep your knees at 90 degrees in the squat position, feet shoulder-width apart, and hold your hands in front. Work your way upward, using the top leg to pull you up the hill rather than pushing off from the bottom leg. Walk down the hill to recover, and then repeat.

Star balance

Find a gently sloping tree trunk or wall on which to place one hand, and then (keeping the arm straight) lift the outside leg without bringing up the hip. Raise the other arm toward the sky while leaning into the tree. Beginners should lift the arm and leg only as high as possible while keeping the body balanced. This drill engages the oblique (side) muscles of the trunk and the glutes, and improves balance.

Step-ups

This exercise can be done on a bench or a flat rock. When one foot is placed on the bench, the knee should be at a 90-degree angle. Step up with the right leg and bend the left leg, pointing the knee forward, so the left foot is touching the right knee. This works the glutes, hamstrings and quadriceps, and uses the inner and outer thigh muscles for stability.

JEANNINE STEIN (LOS ANGELES TIMES)

Until Wii Meet Again

These 5 Nintendo games can give your fitness level a healthy boost

Nothing beats the real thing. But we decided to give virtual fitness a la Nintendo Wii a try. With the help of New York City personal trainer Lindsay Dunlap, we found the games that deliver the most fitness for all that living-room fun.

WE LOVE GOLF

\$50, *Capcom.com*

The deal: You swing the Wii Remote, a 6-inch-long wireless motion-sens-

ing wand, like a mini-club.

Trainer says: "You can't walk the course, which is golf's biggest benefit, but swinging does work your shoulders and obliques."

Kick it up a notch by alternating between 15 push-ups and 15 jumping jacks after each hole.

TOP SPIN 3

\$50, *Topspin3thegame.com*

The deal: The Wiimote is your racquet as you take on Maria Sharapova in tennis.

Trainer says: "Really move your feet to get some cardio in."

To work harder, keep your knees bent, jump when you serve and stretch to the sides to hit tough shots.

MLB POWER PROS

\$40, *2ksports.com*

The deal: This one features all the Major League Baseball teams, stadiums and players. You swing the Wiimote to hit, pitch and throw.

Trainer says: "Assume a real batting stance [think squats] to hit your quads, glutes, obliques and core."

Stick with Home Run Derby mode so you can just swing away — the best strategy for maximizing your squatting time.

SHAUN WHITE SNOWBOARDING

\$50, *Shaunwhitegame.com*

The deal: Turn the balance board sideways and you're ready to tackle slopes and half-pipes.



Trainer says: "The leaning motions you do to speed up, turn and jump are great for calves and quads."

Grab 5-pound dumbbells and do 15 lateral raises and overhead presses between runs.

ALL STAR CHEER SQUAD

\$40, *Playthq.com/allstarcheersquad*

The deal: Two Wiimotes are your pom-poms. Captain your team to the finals!

Trainer says: "The variety of up, down, forward, back and lateral arm and leg movements gives you a full-body step workout."

To up your cardio, choreograph moves to work your arms and legs simultaneously. (REPRINTED WITH PERMISSION OF WOMEN'S HEALTH MAGAZINE © RODALE INC.)

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EATING IN



LARRY GROVE/AP

MIXED BEAN CHILI AND BROWN RICE

INGREDIENTS 1 tbsp canola oil; 1 1/2 cups chopped yellow onions; 1 cup chopped green bell pepper; 2 tbsp minced garlic; 1 jalapeno pepper, seeded and chopped; 1 tbsp unsweetened cocoa powder; 28-ounce can crushed tomatoes; 15-ounce can great northern beans; 15-ounce black beans; 1 1/2 tbsp chili powder; 2 tsp ground cumin; 1 tsp dried oregano; 1/4 tsp ground allspice; 14-ounce box instant brown rice

40 MINUTES, SERVES 6

IN A LARGE saucepan over medium-high heat, combine the oil, onions, bell pepper, garlic and jalapeno. Saute until the vegetables begin to soften, about four minutes. Add the cocoa and saute for another three minutes. Stir in the tomatoes, both types of beans, chili powder, cumin, oregano and allspice. Bring the chili to a simmer. Reduce heat to low, cover and simmer for 20 minutes. Meanwhile, cook the rice according to package instructions. Serve the chili over the rice. (AP)

462 calories, 15 g protein, 90 g carbs, 6 g fat, 0 mg cholesterol, 395 mg sodium, 16 g fiber

Fight Back the Snack Attack

How to prevent those afternoon meetings with the vending machine

To see the downfall of dozens of diets, just look at your watch, says Bob Harper, the affable trainer from "The Biggest Loser." "It happens every day at 3 o'clock," he declares. Harper is referring, of course, to that desperate, mid-afternoon craving for chocolate, cookies, fried crunchy goodness or all of the above.

Sure, it's been a few hours since lunch, but your body doesn't need the calorie infusion. "You have plenty of fat stored up for the body to call on," bluntly reminds Arthur Frank, medical director of the George Washington University Obesity Management Program (202-223-3077).

You're experiencing that slump not because you're hungry, but because you're fatigued or bored, Arthur says. And while food can provide a pick-me-up, alternative solutions are just as effective and come without the weighty side effects.

Harper, who's teamed up with Extra gum to take on the snack attack problem this season, recommends chewing away as a method to keep your mouth occupied. "There's something about that minty flavor," he says, which is why brushing your teeth can have the same anti-munching result.

People often mosey on over to the vending machine when they want a break. "You're trying to change your routine," Harper says. So, how about



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grabbing a glass of water, standing up in your office while talking on the phone or even sneaking out for a quick walk? "Spike yourself up a bit," he recommends. "If you've got the time, pull your chair out and get

brought in. When he worked at a law firm, lunches were often catered ("And they never think, 'Let's order something healthy,'" he says), and every day at 5 p.m., the candy bowl would emerge.

“ Spike yourself up a bit. If you've got the time, pull your chair out ... and do sit-ups or a set of bicep curls.”

a physio ball and do sit-ups or a set of bicep curls.”

Mark Leventhal, who runs the attorney-focused weight loss coaching service Leventhal Consulting (Leventhalconsulting.net), sees the afternoon lull as a particular problem in offices where food is

When his clients face situations like that, Leventhal instructs them to have their own snacks at the ready, such as keeping a stash of filling, protein-rich bars in their car. "It's dangerous to have them all in the office," he explains, plus, the elevator ride and walk forces

them to think about whether they're really hungry or just looking for a change of scenery.

Snacking isn't a bad thing, as long as you've planned for it. "You have just so many calories in the day, but you can reorganize them," Frank says. If your lunch is a sandwich and apple, he suggests saving the fruit for later on. Harper likes to keep raw almonds, fruit and — duh — gum in his bag to stave off the stomach grumbles. "The last thing you want is to be caught with your guard down and go to the vending machine," he says.

That advice should help you make it to dinnertime. Now, you just have to work on keeping away from the fridge during that tempting 9 p.m. hour. VICKY HALLETT (EXPRESS)

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A Need to Feed

■ If you thought lab rats had it bad, check out this study published in the Proceedings of the National Academy of Sciences: Men and women told researchers their favorite foods, fasted for 20 hours and then were presented with the dishes—but they were then told to make themselves not hungry. Scans of their brain activity showed the gals weren't as good at tricking themselves as the dudes. The scientists believe this may be because of women's hormones related to pregnancy.



ALCOHOL

Always a Price to Pay

■ You know how you're more likely to down a couple drinks at a \$2 beer happy hour than you are a spot with \$15 martinis? It turns out, according to an analysis in the journal *Addiction*, you are not alone. Studies going back as far as the 19th century show that the more booze costs, the less people will drink. And that's true for all kinds of alcohol and all kinds of drinkers. The researchers speculate that it would still require a hefty tax increase to significantly impact national drinking habits.

NICOTINE

Don't Picture This

■ Trying to quit smoking? Don't watch "Mad Men"—or any other show that features a lot of folks sucking on cancer sticks. Research from the Duke University Medical Center published in *Psychopharmacology* indicates that smokers who see images of others puffing away have increased cravings. One way scientists suggest messing with the brain to break the habit: Wear a nicotine patch while smoking nicotine-free cigarettes.

Home Is Where the Cure Is

Simple changes in your abode can help you release stress and relax

Your living space should serve as a relaxing retreat from the stress of everyday life. Indeed, a growing body of research called "sensory science" supports the notion of the home as a sanctuary. Experts have found that the environment you create has a big impact on your outlook and sense of well-being. "Everything from the pictures on the wall to the slipcover on your couch can have a positive influence on your mood and attitude," says environmental psychologist Sally Augustin, president of the design firm PlaceCoach in Los Angeles. Make these small changes to turn your home into a healing haven.

TOUCH COZY FABRICS

Textile researchers have found that holding certain types of cloth can evoke powerful emotions. When female students evaluated 10 fabrics in one British study, both corduroy and fleece elicited feelings of contentment.

TRY: Buying a corduroy slipcover for your couch, or draping a fleece throw over the back of a sofa or chair. If you're looking for new furniture, go for stain-repellent and water-resistant fabrics. They likely have a microscopic "peach fuzz" that makes them feel plush even as it wards off stains, says Maureen S. MacGillivray, a professor of apparel and textiles at Central Michigan University.

SEE CLEAN SURFACES

Clutter isn't just unpleasant to look at; it can also be distressing. In one study at Washington State University, volunteers looked at photographs of offices in various states of disarray. The bigger the mess, the more anxious people felt, even though their own offices were just as disorganized.

TRY: Aiming your sights on the kitchen counter. Place a basket for mail next to your phone; banish hats, gloves and sunglasses to a bin underneath the counter. And every day, spend a little time tidying up. Because cleaning is a physical activ-



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ity, it further provides a mood lift: Last year, researchers found that people who did 20 minutes of housework suffered from less anxiety and depression than those who didn't.

BREATHE FLORAL AND FOOD SCENTS

In a Rutgers University study, women who received bouquets reported positive feelings a few days later. Researchers speculate that flowers contain certain compounds that improve well-being.

TRY: Scattering jasmine and hyacinth around the house—these blossoms boosted mood and lowered anxiety levels in studies. Cinnamon and peppermint are two other aromas proven to perk you up.

HEAR PLEASANT SOUNDS

Cornell University researchers found that even low-level noise—like the sound of someone typing—may ramp up levels of the stress hormone epinephrine by 30

percent, compared with quieter situations.

TRY: Adding more pleasing sounds to your environment with your favorite CDs. There's a difference between noise (what you consider annoying) and sound (which is pleasing to your ear), says John House, president of the House Ear Institute in Los Angeles.

People who did 20 minutes of housework suffered from less anxiety.

SEE GREEN SCENES

A view of nature—whether it's a panoramic vista or a simple houseplant—can lower blood pressure by 11 percent and boost feelings of contentment, studies show.

TRY: Opening your shades if you have a garden view; if not, forest and beach pictures have a similar effect. Or scatter potted plants throughout your home. "Pick plants with rounded leaves—research suggests gentle, organic shapes may be the most soothing," Augustin says.

FEEL AMPLE SPACE

Some experts suggest that humans are hardwired to seek out spaciousness. Studies show that mice in cramped conditions exhibit more signs of stress than ones with room to roam.

TRY: Taking doors off closed bookcases and filling shelves halfway, says Arthur Stamps, president of the Institute of Environmental Quality. Placing a big mirror on one wall is another trick for making a room seem larger, as is a coat of paint in a cool shade such as pale blue. DARYN ELLER (REPRINTED WITH PERMISSION OF PREVENTION MAGAZINE © RODALE INC.)



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